



Music therapy



Easy English

Who do people do music therapy with?



People do music therapy with a music therapist.

A music therapist knows how music can make people feel. For example

- happy



- sad



- full of energy



- calm.



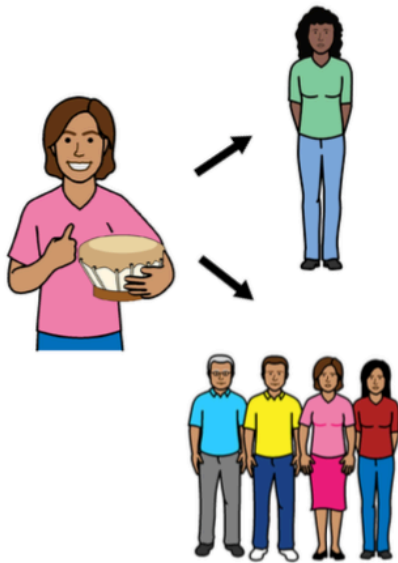
A music therapist also knows how music can make people

- think



- behave.





A music therapist might work with

- 1 person

or

- a group of people.

Where can you do music therapy?



You might do music therapy at

- a service



- a hospital



- a community centre



- home.

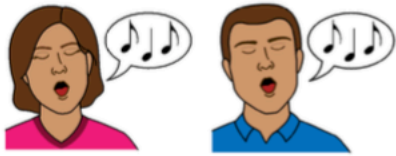
Would music therapy work for you?



Music therapy might work for you if music

- is important to you
- makes you feel happy
- helps you feel calm if you can **not** relax
- gives you energy if you are tired
- helps you show how you feel.





Music therapy might also work if you like to share music with other people. For example

- sing songs with people



- dance with people



- go to a concert with friends



- play an instrument in a band.

© Scope (Aust) Ltd. You may use this document for your own personal, non-commercial purposes only. You must not use the document for any other purpose, and must not copy, reproduce, digitise, communicate, adapt, modify the document or any part of it (or authorise any other person to do so) without the prior consent of Scope (Aust) Ltd.

Scope's Communication and Inclusion Resource Centre wrote the Easy English. August 2016 www.scopevic.org.au
To see the original contact the Australian Music Therapy Association.
The Picture Communication Symbols ©1981–2010 by Mayer-Johnson LLC a Tobii Dynavox company. All Rights Reserved Worldwide. Used with permission. Boardmaker™ is a trademark of Mayer-Johnson LLC.
ClipArt © Inspired Services, UK. www.inspiredservices.org.uk