

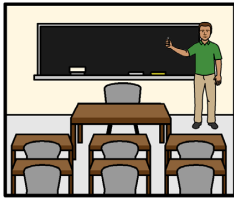


**Music therapy**



**Easy English**

## Where can children do music therapy?



Children might do music therapy at

- a school



- a service



- a hospital

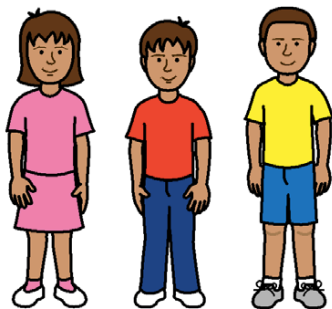


- a community centre



- home.

## How can music therapy be good for children?



Most children like to sing, dance, and play an instrument. So most children like music therapy.



Music therapy can help children

- speak and understand more



- learn how to play with other children



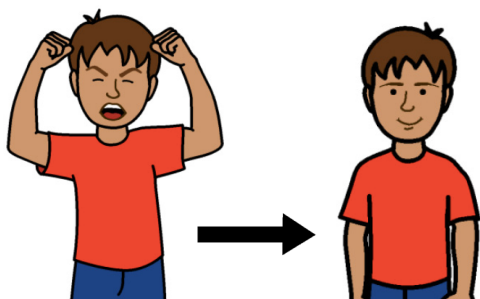
- relax



- feel happier



- move better.



Music therapy can also help children feel calmer.

## Would music therapy work for your child?



Music therapy might work for your child if music

- is important to them



- makes them feel happy



- helps them feel calm if they can not relax



- gives them energy if they are tired



- helps them show how they feel.

Music therapy might also work if your child likes to share music with other people.

For example



- sing songs with people



- dance with people



- go to a concert with friends



- play an instrument in a band.

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