Musicking in and beyond music therapy.


Thursday 28 August: Public Forum
Friday 29 & Saturday 30, August 2014
Royal on the Park Hotel, Albert Street, Brisbane
AMTA National Office Bearers

Board
President .................................................. Dr Felicity Baker RMT
President Elect ........................................... Dr Grace Thompson RMT
Vice President ........................................... Liesel Higgins RMT
Treasurer .................................................. Jacinta Calabro RMT
Secretary .................................................. Rowena Harris RMT

Operations Committee
Editor, Australian Journal of Music Therapy .................. Dr Katrina McFerran Skewes RMT
Special Editor, Australian Journal of Music Therapy ........ Dr Helen Shoemark RMT
Chair, National Conference .................................. Imogen Clark RMT
Chair, Ethics Committee .................................. Libby Flynn RMT
Chair Education Committee ............................... Susan Ashley-Brown RMT
Chair, Communications .................................. Oliver O’Reilly RMT
Chair, Registration ....................................... Jason Kenner RMT
Chair, Internal Liaison .................................. Helen Carrington RMT

Other roles
National Allied Health Casemix Council representative ...... Liesel Higgins RMT
AHPA representative ....................................... Liesel Higgins RMT
World Federation of Music Therapy representative ......... Jeanette Milford RMT

Thanks must go to the following for their efforts in creating this year’s conference and PDS

Conference committee
Conference convenor ..................................... Toni Day RMT
PDS convenor .............................................. Claire Stephensen RMT
Social activities .......................................... Angela Delaney RMT
Chair, National Conference .............................. Imogen Clark RMT
National PDS Adviser .................................... Fiona Lamb RMT

Scientific Committee
Chair .......................................................... Dr Carmen Cheong-Clinch RMT

Committee members
Cherry Hense .............................................. RMT and PhD Candidate, The University of Melbourne and Orygen Youth Health
Judith Fromyhr .......................................... Senior Lecturer in Music and PhD Candidate, Australian Catholic University, Brisbane Campus and the University of Queensland
Dr Kathleen M. Murphy ............................ Assistant Professor of Music Therapy, University of Evansville, Indiana USA
Dr Shannon O’Gorman ............................... Child and Family Therapist, Brisbane
Kate Teggelove .......................................... RMT, Clinical Services Manager, Sing & Grow Australia
Dr Kate Williams ........................................ RMT, Research Fellow, School of Early Childhood, Queensland University of Technology
Dr Kirstin Eleanor Robertson-Gillam ........... RMT, Academic Lecturer, University of Western Sydney and private practice with Creative Horizons Healthcare
Dr Jeanette Kennelly .................................. RMT, Lecturer in Music Therapy, University of Queensland
Joanne Ruksenas ....................................... PhD Candidate, Griffith University
Catherine Threlfall ..................................... RMT, Lead Teacher, Henbury School, Northern Territory Department of Education
Imogen Clark ............................................ RMT, PhD Candidate and Music Therapy Tutor, La Trobe University, The University of Melbourne and Austin Health
Dr Genevieve Dingle ................................. Lecturer in Clinical Psychology, Director of the Psychology Clinic, University of Queensland
Jason Kenner ............................................ RMT, Music Therapy Tutor and Clinical Placement Coordinator, University of Melbourne
Ju-Young Lee ........................................... RMT, PhD Candidate, The University of Melbourne
Dr Alison Short ......................................... RMT, Visiting Fellow, University of New South Wales
Dr Elisa Kupers ........................................ Assistant Professor, University of Groningen (the Netherlands), Department of Pedagogy and Educational Sciences
Welcome by the President

Welcome everyone to the 40th AMTA National Conference and happy birthday, and thank-you to Brisbane for bringing us all here to celebrate this milestone. While turning 40 is a significant milestone for AMTA, there is another milestone during this conference – receiving our AMTA National Registration. I encourage every delegate here today to join us in celebrating this wonderful achievement and welcoming the new RMTs to our AMTA family.

A national conference requires significant planning, preparation, and importantly vision. I want to thank Toni Day and her team for the enormous energy and enthusiasm they have brought to this conference. Pulling together a program like this is no easy feat so on behalf of The Board, I extend my sincere thanks to Toni Day and her team for all the work they have done to ensure we have a stimulating and memorable 40th conference.

Lastly, I hope each and every one of you enjoy the conference and come away with a renewed energy and enthusiasm. And please, take some time to engaging in some musicking yourselves.

Sincerely

Associate Professor Felicity Baker PhD RMT
President, AMTA

Welcome by the SOC Convenor

I’d like to personally welcome each of you to the 40th Australian Music Therapy Conference. It is an exciting time for the profession as we continue to grow and adapt to a changing economic environment and remain responsive to the increased interest from all parts of our society in the use of music for health and well-being. The world of Musicking is a stimulating area in which to work/study and play. By bringing inspired people together in forums such as this, we will ensure our profession remains at the forefront of innovation within the arts, health and education agendas for the benefit of all.

Over the next two days it is hoped that you will share your expertise to add to that of the researchers and practitioners who have very generously given of their time to present their work. I commend the Scientific Committee for bringing together such a diverse program of papers and workshops that I know we will all take something from. We should all be very proud of where we are today as a profession and excited about where we are headed.

I’d like to thank each of you for attending our conference and bringing your knowledge and skill with music to our gathering. Whether you are trained or training as a music therapist, you have experienced the transformative power of music for yourself or you use music as a part of your work/study and play. I encourage you to stay open and engaged in conversation throughout the conference. Through these conversations we will shape our future together.

It remains to thank the wonderful Conference Organising Committee for their work in bringing this event to life. It really has been a joy to work with you all.

I hope you enjoy.....

Toni Day RMT
Convenor, 40th AMTA National Conference
Opening Ceremony

AMTA would like to acknowledge the traditional owners of the land on which we gather, the Turrbal and Jagera people, and to pay our respects to their elders past and present.

MC for this session is Toni Day RMT, Conference Convenor 2014

Welcoming words from AMTA President, Associate Professor Felicity Baker PhD RMT

Discussion of the new Code of Ethics in particular in relation to social media by Libby Flynn RMT, Chair, Ethics Committee

General information

CPD certificates

You can collect your conference CPD certificates from the Registration Desk during the conference and your PDS CPD certificates from the Registration Desk during the PDS. Please be aware that CPD certificates reflect attendance and therefore can not be collected by anyone other than the person named on the certificate. They can also not be provided once the respective event has ended or to anyone who registered but then didn’t attend.

AMTA meeting timetable (invited members only)

<table>
<thead>
<tr>
<th>Meeting</th>
<th>Date</th>
<th>Time</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>Operations Committee meeting</td>
<td>Friday</td>
<td>Lunchtime</td>
<td>Boardroom (lunch provided)</td>
</tr>
<tr>
<td>State Liaison Meeting</td>
<td>Saturday</td>
<td>7.30am</td>
<td>Boardroom (breakfast provided)</td>
</tr>
<tr>
<td>Board meeting</td>
<td>Saturday</td>
<td>Lunchtime</td>
<td>Boardroom (lunch provided)</td>
</tr>
<tr>
<td>Awards Committee Judging</td>
<td>Saturday</td>
<td>During afternoon tea</td>
<td>Enquire at the Registration Desk</td>
</tr>
<tr>
<td>SOC handover meeting</td>
<td>TBA</td>
<td>TBA</td>
<td>Boardroom</td>
</tr>
</tbody>
</table>

AMTA meeting timetable (all welcome)

<table>
<thead>
<tr>
<th>Meeting</th>
<th>Date</th>
<th>Time</th>
<th>Room</th>
</tr>
</thead>
<tbody>
<tr>
<td>AGM</td>
<td>Friday</td>
<td>4.45pm</td>
<td>Avro/Bristol Rooms</td>
</tr>
</tbody>
</table>

Housekeeping

Please note that photographs of speakers and delegates may be taken during the event by an authorised conference photographer or the social media ambassadors. Please speak with the photographer, a member of the conference committee or the Registration Desk should you have any concerns with your photograph being taken and used in this way.

Please take note of your nearest emergency exit.

Please ensure that your mobile, tablet or PDA is switched to silent. If you are taking notes on a laptop or tablet, please switch the sound off. If you are holding up your phone or tablet to take photos of the slides please do so quickly in order not to block anyone else’s view. Please ensure you are aware of the Code of Ethics in relation to participation in social media from the conference.

We request that delegates refrain from recording presentations, including still photography, without prior consent from the presenter or speaker. Please speak with the session chair well before the scheduled session should you wish to seek this permission.

You are reminded to check out of your hotel room by 10am on your day of departure.

On Saturday, please talk with the Registration Desk about a space for your luggage. Whilst we will make every effort to keep an eye on it, we do advise that we can’t guarantee security.

Please look after your valuables. We regret we can make no guarantees about the security of your possessions.

If you have a baby with you in the sessions, please use the reserved seats near the doors, to enable you to leave the room easily should the baby cry or need attention. Please also be aware that you are solely responsible for the care of your baby. AMTA does not provide any child care facilities.

Special food needs

If you have advised of any special food needs, please contact the Registration Desk for the arrangements that have been made for you.

We regret that if we weren’t advised of your special food needs we may not be able to provide special dishes.

Whilst every effort will be made to provide food that complies with your special food requests, we can make no guarantees and if your food needs are life threatening we strongly advise that you don’t rely on the food provided.

FREE WI-FI

There is free wi-fi for all delegates at conference and PDS. To access the system you’ll need a password which is on a notice at the Registration Desk. The hashtag is #AMTAus
General information

A word on social media at the conference:

Dear delegates,

With such a great opportunity as free wi-fi which is offered at this year’s conference in Brisbane at Royal on the Park, we are strongly encouraging people to jump onboard and get some of the great messages from this conference out there to the world. We want people to hear your experiences of sessions, what gems of new knowledge you’ve taken from a paper and what is getting you excited by music therapy in Australia!

To allow people nationally and internationally to follow the goings on of the conference this year, we have created the #AMTAus which we encourage you all to use in your Facebook and Twitter posts.

To keep our online presence running smoothly and most importantly, ethically, we have established a few guidelines for delegates to keep in mind before posting:

Due to differing levels of consent given by clients for image and/or recording use, it is requested that no delegates take photographs of any slides containing images of people and/or no recordings of any client material including songs and/or speech. Failure to adhere to this guideline may put either the presenter or yourself in breach of the Code of Ethics.

If quoting from a presentation, either verbally or directly from slides, please make sure you reference the source correctly.

Some people do not like being tagged in posts without their prior consent – to avoid any problems, if unsure (particularly if the post is not directly work related) please check with people before tagging them in status’s or photos.

Most importantly, be respectful and have fun spreading the word of Australian music therapy!

Libby Flynn
Chair, Ethics

Social program

Networking for students and new grads – Friday lunchtime

Students and new graduate delegates are invited to grab their lunch from the buffet and head out to the terrace to the specially marked area where they can network and make new friends.

Registration ceremony - Friday, following the AGM

Please join the Board in welcoming the new RMTs to the profession. This is an important day for them, recognising their hard work in their studies. Please welcome them warmly.

Registration celebration and barbecue - Friday, 7pm to 9pm. Southern Cross Pavilion and Terrace

Come and let your hair down with your fellow music therapists at this celebration and barbecue.

Music is from Those Bloody McKennas

Those Bloody McKennas perform a brand of music that fits into your collection like a treasured vinyl record...diverse, inspiring and thought provoking. Getting together for this special event with their very own music therapist Clare Kildea, the band promises to deliver the exuberant collision of multi-instrumental rootsy folk they are so well regarded and loved for. The band is thrilled to be asked by AMTA to re-unite the original line up for the celebration of this 40th National Conference, and can’t wait to dish out a good old dose of the renowned sibling revelry of...Those Bloody McKennas!

Closing ceremony


Panellists: Vicky Abad RMT, Imogen Clark RMT and Catherine Threlfall RMT

Chaired by Associate Professor Katrina Skewes McFerran RMT

Hear from three music therapists from diverse backgrounds reflect and integrate the conference themes of musicking into their own practice.

Closing remarks and presentations

Closing remarks from Imogen Clark, Chair National Conference.

Introductory words from Fiona Lamb, incoming Chair, National Conference

Announcement of the winners of the Ruth Bright and Denise Grocke Awards by Carolyn Drennan RMT, Chair of the Awards Committee

Introduction for the 2015 National Conference

Closing of the conference
Finding AMTA online

There are now a myriad of ways you can connect with AMTA online.

Website: www.austmta.org.au
The central place for news, events and the ‘how to’ information for members.

Twitter:
The AMTA Facebook page is auto-connected to Twitter. It’s an unattended stream, but you can receive news via Twitter if you prefer. @MusicTherapyAus

Email:
Thursday Bulletin: this is the single most important way to get news and information from AMTA. Please look out for it each Thursday in your inbox.
Ad hoc bulletins: we try not to send you too much by email, but from time to time a special bulletin is needed for such things as urgent news or conference information.

Music & Imagery for Health

An opportunity for RMTs to further develop clinical experience and skills through the Certificate in Music and Imagery for Health, and gain CPD Points.

- Appropriate for clients managing pain, anxiety, stress, recovery from illness or in a therapeutic process of personal growth.
- Enjoy interacting and sharing insights with trainees from other health and wellness professions

Subject to numbers courses will be conducted in Melbourne, Sydney and Brisbane in 2015.

<table>
<thead>
<tr>
<th>Module 1 (weekend intensives in Feb &amp; May):</th>
<th>Module 2 (weekend intensives in Aug &amp; Nov):</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Expand relaxation skills to include introductory music and imagery experiences for groups and individuals, including principles of mindfulness</td>
<td>• Guided Imagery and Music for individual clients conducted in a short session framework</td>
</tr>
<tr>
<td>• Further discern music choices best suited for relaxation experiences and also for supportive imagery for groups and individuals</td>
<td>• GIM music programs specifically tailored for this stage of training</td>
</tr>
</tbody>
</table>

Applications close October 31st 2014 for 2015. Late applications may be considered.

Enquiries: info@musicandimagery.org.au Web site: www.musicandimagery.org.au

Completion of both modules is a pre-requisite for the Graduate Diploma in Guided Imagery and Music (music psychotherapy), offered by the University of Melbourne.
The Music and Imagery Association of Australia (MIAA) is a member association of PACFA.
Conference Awards

Each year, the National Council of the Australian Music Therapy Association presents two awards for excellence for a presentation during the closing ceremony of the National Conference.

These awards are intended to recognise both the quality of the content of the presentation and the professionalism of the presenter. These awards particularly value a well-articulated and presented session, with innovative and inspiring content. The recipients are presented with a certificate of achievement and cheque for $300, plus the opportunity to be awarded a further $200 if they present the same paper at another conference within 12 months.

The Ruth Bright Award
Named in honour of Australia’s pioneering music therapist and prolific music therapy author, Dr Ruth Bright, AM, this award is open to RMTs with more than one year’s clinical experience. Dr Bright was the inaugural president of the AMTA, holds of an AMTA Lifetime Achievement Award and is a past president of the World Federation of Music Therapy. Highly regarded for her lectures, as a supervisor and clinician, and for the never-ending support she provides for music therapists, she also laid the foundations for professional training courses in New South Wales. So naming this award for her is most fitting:

Past recipients are:
1994  Dr Lorna Lloyd-Green
1995  Clare O’Callaghan
1996  Jeannette Kennelly
1997  Kate Witmee
1998  Brigit Hogan
1999  Vicky O’Shea (Abad)
2000  Alison Fuller
2001  Catherine Threlfall
2002  Robyn Booth
2003  Helen Shoemark
2004  Robin Howat
2005  No award due to World Congress
2006  Maggie Leung
2007  John Hedigan and Helen Shoemark
2008  Lucanne Magill and Clare O’Callaghan
2009  Jeanette Milford
2010  Clare O’Callaghan and Richard Hiscock
2011  Grace Thompson
2012  Kat McFerran and Carmen Cheong-Clinch
2013  Priscilla Pek and Angela Mallia

The Denise Grocke Award
Named in honour of Emeritus Professor Denise Grocke. This award is open to final year students of AMTA-accredited music therapy courses and RMTs with less than one year’s experience. Dr Grocke is renowned for, amongst other things, her commitment to the development of music therapy education in Australia. She was pivotal in developing the first Australian course at the University of Melbourne, and taught more than 350 students before she retired earlier this year. Dr Grocke has guided the development of music therapists through undergraduate and graduate courses, including Masters and PhD levels.

A founding member and past president of AMTA, past president of the World Federation of Music Therapy, this award is a recognition of her extraordinary achievement and leadership of the profession.

Past recipients are:
1995  Jeanette Kennelly, University of Queensland
1996  Melissa Grasso, University of Melbourne
1997  Louise Bear (Miles), University of Queensland
1998  Patrick Penfold, University of Melbourne
1999  Meagan Hunt, University of Queensland
2000  Emily Shanahan, University of Melbourne
2001  Claire de Bruin, University of Melbourne
2002  Tina Liu, University of Queensland
2003  Carolyn Jones, University of Queensland
2004  Karen Hamlett (Bolger), and Janeen Mackenzie (Bower), University of Melbourne
2005  No award due to World Congress
2006  Libby Gleadhill, University of Queensland
2007  Hayley Miller, University of Queensland
2008  Christobel Moore, University of Queensland
2009  Astrid Notarangelo, University of Melbourne
2010  Kym Weatherley, University of Technology Sydney
2011  Jennifer Bibb, University of Melbourne
2012  Lene Jeffrey, UTS
2013  Sian Truasheim

Adjudication
The awards are adjudicated by a panel of experienced music therapists, representing a broad range of clinical expertise. Should one of them have presented a paper, they are excluded from consideration.

The awards are presented at the closing session of the conference. Adjudication takes place during the last afternoon tea.

What are the barriers to growing the size of the profession?
One of the big ones is a lack of supervised student places. The Masters programs at the University of Queensland, UWS and the University of Melbourne all require students to have undertaken a number of hours of RMT-supervised work placement. The universities can only take students if they know they have those placement positions available for them. The universities could take more students if only they had more placement positions.

So: can you take a Masters music therapy student for their work placement?
For more information please contact AMTA on 03 9525 9625 or info@austmta.org.au
<table>
<thead>
<tr>
<th>TIME</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>9.00am</td>
<td>Welcome: Toni Day, State Organising Committee. AMTA President: Associate Professor Felicity Baker</td>
</tr>
<tr>
<td></td>
<td>Avro-Bristol Room</td>
</tr>
<tr>
<td>9.15am</td>
<td>Keynote: Dr Grace Thompson</td>
</tr>
<tr>
<td></td>
<td>Title: Riding the momentum of 40 years of music therapy and expanding our community of practice.</td>
</tr>
<tr>
<td></td>
<td>Avro-Bristol Room</td>
</tr>
<tr>
<td>10.15am</td>
<td>Morning tea</td>
</tr>
<tr>
<td></td>
<td>Musicking and Songwriting</td>
</tr>
<tr>
<td></td>
<td>Catalina Room</td>
</tr>
<tr>
<td>10.45am</td>
<td>Recovery songs*: Collaborative song writing with adults in mental health – Jennifer Bibb RMT</td>
</tr>
<tr>
<td></td>
<td>Exploring Music Therapy Practice</td>
</tr>
<tr>
<td></td>
<td>Dehavilland Room</td>
</tr>
<tr>
<td>11.15am</td>
<td>Songwriting to explore self-concept following traumatic injury: A feasibility study – Dr Jeanette Tamplin RMT and Associate Professor Felicity Baker RMT</td>
</tr>
<tr>
<td></td>
<td>‘Jack of all trades, master of one’ An insider’s view into the workings of a transprofessional healthcare approach – Sian Truasheim RMT, David McLaughlin and Samara Dargan</td>
</tr>
<tr>
<td>11.45am</td>
<td>What about the music? Music therapists’ perspectives on the role of music in the therapeutic songwriting process – Associate Professor Felicity Baker RMT</td>
</tr>
<tr>
<td></td>
<td>The role of research in music therapy practice in Australia: Understanding the past to inform the future – Dr Alison Short RMT and Emeritus Professor Denise Grocke RMT</td>
</tr>
<tr>
<td>12.15pm</td>
<td>Lunch For new music therapy graduates and students lunch – please meet on the terrace.</td>
</tr>
<tr>
<td>12.45pm</td>
<td>POSTERS Please find the posters in the Southern Cross Pavilion.</td>
</tr>
<tr>
<td></td>
<td>‘My Mouth Music’: A music based speech resource for children with cleft palate – Helen Carrington RMT and Sarah Kilcoyne</td>
</tr>
<tr>
<td></td>
<td>Breathe in, breathe out: A mixed method single subject case study of singing harmonica playing for a young adult with respiratory complications. – Karla Harrison RMT</td>
</tr>
<tr>
<td></td>
<td>The music sense-ability group: An interdisciplinary collaboration in acute psychiatry. – Cameron Haigh RMT and Luke Roberts RMT</td>
</tr>
<tr>
<td></td>
<td>Musicking: A method for overcoming language barriers and promoting the use of music in the home environment of a CALD family. – Laura Morell</td>
</tr>
<tr>
<td>1.15pm</td>
<td>Musicking in and beyond therapy in aged care using Silver Memories Nostalgia Radio Service – Vicki Bridgstock and Helen Forrest</td>
</tr>
<tr>
<td></td>
<td>Turning 40- a call to wholeness: journeying the midlife transition with Guided Imagery and Music – Louise Terry-Clark RMT</td>
</tr>
<tr>
<td>1.45pm</td>
<td>It’s the story of your life what songs you know: Musicking beyond the therapy room – Libby Flynn RMT</td>
</tr>
<tr>
<td></td>
<td>Can music play a role in post meal support therapy? Group music therapy with adult eating disorder inpatients following a meal – Jennifer Bibb RMT</td>
</tr>
<tr>
<td>2.15pm</td>
<td>Music in health promotion and public health initiatives: Extending the impact of BMGIM – Dr Alison Short RMT</td>
</tr>
<tr>
<td></td>
<td>Decreasing major depression in mid to later life by musicking with the Serontones Choir: A mixed methods research project – Dr Kirstin Robertson-Gillam RMT and Associate Professor Leon Petchkovsky.</td>
</tr>
<tr>
<td>2.45pm</td>
<td>Afternoon tea</td>
</tr>
<tr>
<td></td>
<td>Musicking with Young People and Mental Health Catalina Room</td>
</tr>
<tr>
<td>3.15pm</td>
<td>An innovative breakthrough in musicking with young people in Malaysia – Sherrene Teh RMT</td>
</tr>
<tr>
<td></td>
<td>Young people, music education, mental health – Kassie Sofia RMT</td>
</tr>
<tr>
<td></td>
<td>The perceptions of young people about the role and value of playing a musical instrument.</td>
</tr>
<tr>
<td></td>
<td>Music therapy for children in oncology: a review of their parents’ perspectives – Angelie O’Brien RMT</td>
</tr>
<tr>
<td>3.45pm</td>
<td>Metal music listeners use music to help process their anger. – Dr Genevieve Dingle</td>
</tr>
<tr>
<td></td>
<td>iPads and healthy ageing: a comparison between traditional musical instruments and portable electronic devices. - Romy Engelbrecht RMT</td>
</tr>
<tr>
<td></td>
<td>Musicking in Mumbai - Emily Mosтратos RMT and Vanessa Ropa RMT</td>
</tr>
<tr>
<td></td>
<td>3 Minute Posters</td>
</tr>
<tr>
<td>4.15pm</td>
<td>The name of group: Promoting the growth of young people’s musical identities beyond therapy. – Cherry Hense RMT</td>
</tr>
<tr>
<td></td>
<td>Towards better practice: The integration between referral reasons and actual used methods in community palliative care music therapy – Antonia Mitchell RMT</td>
</tr>
<tr>
<td></td>
<td>Culture centered music therapy: Meeting in the middle – Tanya Maria Silva RMT</td>
</tr>
<tr>
<td>4.45-6.45pm</td>
<td>AMTA AGM Registration Ceremony Avro and Bristol Rooms</td>
</tr>
<tr>
<td>7.00-9.00pm</td>
<td>Celebration Party with barbecue Southern Cross Pavilion</td>
</tr>
</tbody>
</table>
Conference Program
Saturday 30 August 2014

TIME

8.45am
Welcome to the second day and housekeeping
Toni Day RMT, Convenor, State Organising Committee
Avro and Bristol Rooms

9.00am
Keynote: Professor Jane Davidson
Performing Emotions: Researching Meanings and Methods for Musical Engagement
Avro and Bristol Rooms

10.00am
Morning tea

10.30am
Family movies: Capturing parent-child musicking for the development of parental responsiveness – Rebecca Huntley RMT
The longitudinal developmental benefits of early musicking: An Australian population study – Dr Kate Williams RMT
Songworld - Connecting communities through music – Janet Andrews RMT and Melinda Wishart

11.00am
A multimodal life: To technology and beyond in paediatric music therapy – Verena Clemencic-Jones RMT and Matt Ralph RMT
Evaluating, exploring, integrating and celebrating collaborative music therapy programs by music therapists and early childhood professionals for the benefit of children receiving early intervention support – Melina Roberts RMT

11.30am
Musicking online: music therapy songwriting via telehealth with a woman with ABI – Cameron Haigh RMT, Tim Minchin RMT, Associate Professor Felicity Baker RMT
Exploring 40: A look back and a glance forward in the world of autism spectrum – Rebecca Eager RMT

12.00pm
Recording young lives: Establishing a recording studio within a pioneering adolescent and young adult oncology service – Elly Scrine RMT
Tune in Everybody! The introduction of school xylophone ensembles to develop group social abilities in students with autism – Bronte Arns RMT and Vanessa Lucas RMT

12.30pm
Lunch

1.00pm
POSTERS
Please find the posters in the Southern Cross Pavilion.

The multiple roles of group musicking in parent-child music therapy – Clare Jones RMT
Sound reflexes: Meaningful moments in music therapy – Elizabeth Johns RMT
A critical interpretive synthesis of music therapy case studies: Examining the prevalence and presentation of therapeutic boundaries – Laura Medcalf RMT
Songwriting as communication for patients with ABI – Hannah Rowland

Musicking with Children Catalina Room
Musicking and Rehabilitation Dehavilland Room
Conference workshop Avro and Bristol Rooms

1.30pm
The guitar harp: Custom instrument design to facilitate music engagement – Jason Kenner RMT
The role of music therapists in special and mainstream schools: Exploring the possibilities of sharing music across the school. Facilitators: Associate Professor Katrina Skewes McFerran RMT and Priscilla Pek RMT

2.00pm
Connection through ‘musicking’: Music therapy to support the mother-infant dyad within a neonatal unit – Elizabeth McLean RMT
When music fails: Amusia in acquired brain injury music therapy treatment – Cameron Haigh RMT

2.30pm
Music therapy in the paediatric emergency ward: exploring a new area of practice – David Khlentzos RMT
Music therapy and the application of movement into music technology (Soundbeam) – Adrian Price and Tim Swingler

3.00pm
Music therapy performances with pre-adolescent children and families living in crisis: An interpretive phenomenological analysis – Rebecca Fairchild RMT
Exploring the use of music for motor function in Huntington’s disease – Eleanor Bajo RMT

3.30pm
Afternoon tea

4.00pm
Hear from 3 music therapists from diverse backgrounds reflect and integrate the conference themes of musicking into their own practice.
Panellists: Vicky Abad RMT, Imogen Clark RMT and Catherine Threlfall RMT
Facilitator: Associate Professor Katrina Skewes McFerran RMT

5.00-5.15pm
Announcement of winners and presentation of awards – Chair, Conference Awards Committee.
Introduction of the 2015 Conference by Convenor of the State Organising Committee 2014.
Closing remarks by Imogen Clark RMT National Conference Chair

Close at 5.15pm
**Conference Workshops**

**Professional supervision: What’s it all about?**

**Facilitator: Natalie Jack RMT**

**Friday 1.15pm to 2.45pm**

What does supervision mean to you? Are you getting quality supervision and making the most of it? Are you provided with appropriate supervision through your workplace? Perhaps you’ve been avoiding the topic because you know you are in need of it, but you’re not sure how to go about finding, organising and paying for it?

During this workshop you will experience a genuine group supervision session, with workshop participants invited to bring a (de-identified) case, professional or ethical issue for discussion in order to demonstrate various types of supervision styles and techniques. It will help you discover what type of supervision might suit you, what to look for in terms of value, and how to make the most of the time and money you invest in supervision.

Natalie has been described as an inspirational speaker and workshop presenter. She has had a varied music therapy career, working in both Canada and Australia in populations such as disability, neuro-rehabilitation and forensic mental health. She has been trained in supervision by Dr Michael Carroll and holds an Advanced Certificate of Supervision from Dr Carroll’s UK Supervision Centre. Natalie is looking forward to exploring this most important topic of supervision at this year’s conference with participants.

**Making way for musical play**

**Facilitators: Bethany Rowe and Nikki Cox**

**Friday 3.15pm to 4.45pm**

Discover the joys of playing with sound as a pathway to building connections between you, your clients and the world of music. Using the Orff Schulwerk approach to music making, we will demonstrate various ways of generating opportunities where people can explore and create music with purpose.

**SongWorld**

**Facilitators: Janet Andrews RMT and Mel Wishart**

**Saturday 10.30am to 12.30pm**

Janet Andrews RMT early childhood music education specialist and community choir director and Mel Wishart, primary school teacher and funky musician, will be teaching you some of the accessible and fun songs, dances and instrumental parts that became part of SongWorld. They will discuss how they chose songs from amongst the vast cultural melting pot of the Illawarra: Arabic, African, Maori, Scottish and Eastern European. They will discuss how you can involve members from your local communities in engaging students from different cultural backgrounds and how they encouraged friendships through the discovery of other cultures. The SongWorld website was devised to assist others to make use of their resources and even add to them, they will take participants through the site, hopefully inspiring you to have a go!

**The role of music therapists in special and mainstream schools: Exploring the possibilities of sharing music across the school**

**Facilitator: Associate Professor Kat Skewes McFerran RMT and Priscilla Pek RMT**

**Saturday 1.30pm - 3.30pm**

This will be a practical workshop where participants have the opportunity to design new programs for their school-based workplaces using the MusicMatters principles. The facilitator will show participants how to use a ‘Player’s Map’ to identify possibilities for ‘intervention’ with the whole system. Key notions such as identifying musicking preferences and ‘key players’ will be elaborated and strategies offered for collaborating with people in the school system. Ideas for evaluation will be proposed. By the conclusion of the workshop, each participant should have developed a program that could be implemented within a school context and be familiar with the latest thinking about school-based music therapy work.

Associate Professor Katrina Skewes McFerran RMT is the Head of Music Therapy at the University of Melbourne. She specialises in supporting young people to develop healthy relationships with music that promote personal growth and increased connectedness. Dr Kat has been involved in a vast range of mutually empowering relationships with teenagers and children in hospitals, schools and community programs.
Dr Grace Thompson has been a registered music therapist since 1994, and is a lecturer and early career researcher at The University of Melbourne. Her research and clinical work is underpinned by ecological and sustainable orientations, and for the past 10 years has focussed on young children with special needs in family-centred settings.

**Riding the momentum of 40 years of music therapy and expanding our community of practice.**

In 40 years, lots of things change, and perhaps that’s why 40 is traditionally a time to reflect, evaluate and celebrate. Society’s notion of “therapy” and the ways we experience and participate in music has shifted and expanded since the pioneering days of music therapy in Australia and indeed the rest of the world. As music therapy continues to navigate beyond the traditional boundaries of health and education settings, we have embraced words such as collaboration, partnership and strength-based practice. At the same time, never before in our history have we had so many clinicians with considerable practice experience and such a fast growing generation of researchers in Australia. These conditions provide us with a new collective capacity to reflect deeply on the ways we engage people in musicking for health and wellbeing, as well as the courage to expand our community of practice in order to progress our profession in the years to come. This presentation will reflect upon music therapy’s rich heritage, explore current trends emerging in health care and promotion, and propose ideas to continue to develop our community of practice.

Professor Jane Davidson’s career has spanned the university sector, conservatory education and the music profession. Her diverse research interests are in music psychology, music and health, music education, musicology, music theatre, and vocal performance.

**Performing emotions: Researching meanings and methods for musical engagement**

This paper discusses participants from three data sets: firstly, those engaged in a longitudinal study traced from children through to adulthood who undertook musical activities music for a variety of personal/social goals; secondly, adult professional musicians who reflected on their own personal needs with music; and thirdly, a group of seniors who joined in musical practice and performance activities for wellbeing benefit. Using these diverse sources of information, it is argued that whilst individual experience affects the nature of musical engagement, the personal, psychological and social impact of both practice and performance are similar, though articulated through different mechanisms by different participants. The theoretical framework for the analysis builds on Juslin’s recent development of work on music and emotion, specifically its use and meaning. Exploring both individual and group experience, the work will shed light on what types of affect music arouses in the person engaging in music-making. Also, what specific emotions we might be dealing with and whether or not these change over time – individual time and historical time (when considering the performance of music composed in earlier times). Additionally, contexts for the specific emotions will be discussed, and consideration will be given to the mechanisms within the music that might elicit the emotion response. Also, whether or not these musical emotions are different to other emotions. Working through these questions, insights into the value of some research methods over others will be explored.

**Key themes**

- Evaluation of the ways we musick
- Integrate the differences and similarities in the ways we musick
- Contribution to the knowledge and ways we musick in and beyond therapy
Musicking and songwriting.

Jennifer Bibb.
MMus(MusThry). RMT. The Melbourne Clinic.

‘Recovery Songs’: Collaborative song writing with adults in a mental health setting.

This paper will present the creative work of patients with mental health issues in a hospital music therapy program. The importance of song writing in recovery will be discussed, along with the role of lyric substitution and the use of familiar songs in facilitating creative expression, choice and autonomy in an accessible format.

Jennifer works as a music therapist in adult mental health at Austin Health and The Melbourne Clinic. Jennifer is a PhD candidate at the University of Melbourne and secretary of the Victorian branch of the AMTA.

Exploring music therapy practice.

Natalie Jack.
PGDipMusTh. RMT. MTA. NMT.
Senior Music Therapist, Forensicare.

You-Twit-Face: How to express yourself via social media safely and professionally.

Tech-savvy or tech-newbie? This workshop will help you feel comfortable using social media in professional and personal life. Get chatty on Twitter, promote music therapy on Facebook and more. Bring your 3G and/or wifi enabled device and learn about ethics, safety and professionalism in social-media use. Tech help available.

Natalie Jack specialises clinically in forensic mental-health and also has passions for ethics in practice and professional supervision. Natalie is currently completing a Masters in Mental Health Science at Monash University.

Songwriting to explore self-concept following traumatic injury: A feasibility study.

Dr Jeanette Tamplin is a registered music therapist, researcher and lecturer at the University of Melbourne and Austin Health. She has published extensively on her research and clinical work in neuro-rehabilitation. Associate Professor Felicity Baker is Australia Research Council Fellow, co-director of the National Music Therapy Research Unit at The University of Melbourne, and President of Australian Music Therapy Association (2011-2014).

Co-authors not presenting:

Chantal Roddy.
Associate Professor Nikki Rickard.

“Jack of all trades, master of one”: An insider’s view into the workings of a transprofessional health care approach”.

Sian Truasheim.
BS(Mus/Psych). MMusThry. NMT. RMT.
The Institute for Urban Indigenous Health.

Co-authors not presenting:

David McLaughlin
Bachelor of Exercise and Sports Science.
GradDip of Exercise Rehabilitation.
Accredited Exercise Physiologist.
The Institute for Urban Indigenous Health.

Samara Dargan
Accredited Exercise Physiologist.
The Institute of Urban Indigenous Health.
Musicking and songwriting.

Catalina Room.

**Felicity Baker.**
PhD. ARC Future Fellow. RMT. The University Of Melbourne.

**What about the music? Music therapists’ perspectives on the role of music in the therapeutic songwriting process.**

Experienced clinicians were interviewed about the role of music and the music creation process in therapeutic songwriting. Three themes emerged from grounded theory research methods. A key outcome of the research is the development of a two-dimensional framework and theory about music’s primary role in different songwriting contexts.

Associate Professor Felicity Baker is Australia Research Council Fellow, co-director of the National Music Therapy Research Unit at The University of Melbourne, and President of the Australian Music Therapy Association (2011-2014).

Exploring music therapy practice.

Dehavilland Room.

**Alison Short.**
PhD, MA, BMus, GCULT, AMusA, CertIV, RMT, MT-BC, RG1MT, FAMI.
Visiting Fellow Australian Institute of Health Innovation, University of New South Wales.

**Denise Grocke.**
PhD. RMT, RG1MT, FAMI.
Emeritus Professor, University of Melbourne.

**The role of research in music therapy practice in Australia: Understanding the past to inform the future.**

Research activities showing the development of music therapy in Australia over the last 40 years are tracked. Chronologically-based themes include 1) research informing first training, 2) early research informing music therapy practice, 3) the emergence of practice-based music therapy research, and 4) the dissemination of evidenced-based practice approaches in AMTA.

Dr Alison Short is an internationally accredited music therapist and experienced medical researcher currently working at the University of New South Wales, Australia. She has taught and written extensively. Emeritus Prof Denise Grocke co-founded the Australian Music Therapy Association in 1975 and has played a significant role in music therapy in Australia over 40 years.
**Breathe in, Breathe out: A mixed method single subject case study of singing and harmonica playing for a young adult with respiratory complications.**

*Karla Harrison.*

MMThy, RMT.

This paper will present the outcomes of a mixed methods single subject case study that explores the effect of singing and harmonica interventions on respiratory function measures, and the acceptability and usefulness from the perspectives of a young adult with a C3 spinal injury.

Karla Harrison is a recent master's graduate from the University of QLD. She's passionate about research and applying evidence-based practices into her work as a therapist.

**“My Mouth Music”: A music-based speech resource for children with cleft palate.**

*Helen Carrington.*

RMT, BMus(Thry), AMusA, Neurologic Music Therapy Fellow, Music Therapist, Royal Children’s Hospital, Brisbane

*Sarah Kilcoyne.*

B.Sp.Path, B. Laws, Grad Dip Leg Prac. M. Laws (Health); MSPA; MLSQ, CPSP, Speech Pathologist, Royal Children’s Hospital, Brisbane

Designed by a music therapist and speech pathologist, “My Mouth Music” is a home program to promote speech in children with cleft palate. This parent-led resource comprises a CD and workbook of speech sound stimulation songs. The resource, its development and preliminary evaluation data will be presented.

Helen Carrington has worked as a music therapist at the Royal Children’s and Mater Children’s Hospitals in Brisbane for the past 7 years, specialising in neuro-rehabilitation, intensive care, infants and resource development.

Sarah Kilcoyne is a speech pathologist at the Royal Children’s Hospital, where she has special interests in working with children with cleft palate and craniofacial anomalies, hearing impairment and cochlear implant.

**Musicking: A method for overcoming language barriers and promoting the use of music in the home environment of a CALD family.**

*Laura Morell.*

Bachelor of Arts, University of Sydney. Current student in the Master of Music Therapy at The University of Queensland.

A home visit service was provided with a grandmother-grandson dyad from a CALD background. Music activities and non-language based interventions (e.g. modelling) were used to expand the caregiver’s range of techniques when interacting with her grandson, and also increase the family’s capacity for ‘musicking’ in the home environment.

Laura is a current Music Therapy student at the University of Queensland. Laura relocated from the ACT to complete her training and is relishing the opportunities provided in the course.

**The Music Sense-Ability Group: An interdisciplinary collaboration in acute psychiatry**

*Cameron Haigh.*

BMus Thry, RMT, NMT, Music Therapy Clinical Educator, Metro South Health.


B.App.Sc (OT), Occupational Therapist, Metro South Health.

The Music Sense-Ability Group partners music therapy techniques with an Occupational Therapy based sensory program. The program was trialled on an acute psychiatric unit and results are presented.Cameron Haigh is a Registered Music Therapist and Neurologic Music Therapist working for Metro South Health in acquired brain injury rehabilitation, mental health and clinical education.

Luke Roberts is an occupational therapist in the Adult Acute Psychiatric Unit at the Princess Alexandra Hospital.
Musicking with adults and mental health.

Dehavilland Room.

Louise Terry-Clark.
BA (Comm), Grad Dip MThry, Grad Dip Guided Imagery and Music. Clinical Specialist, Sing and Grow/Private Practice (GIM).

Turning 40—a call to wholeness: journeying the midlife transition with Guided Imagery and Music.

This paper explores The Bonny Method of Guided Imagery and Music when used to support eight women as they struggled with their losses, hopes and search for direction during midlife. The 49 sessions conducted over a 10 month period will be examined with a focus on imagery reported.

A practicing music therapist since 2002, Louise Terry-Clark became a registered GIM therapist in 2013. She runs a private practice and works for Sing and Grow.

Musicking beyond therapy.

Catalina Room.

Libby Flynn.
MMThy, BMus, RMT.

“It’s the story of your life what songs you know”: Musicking beyond the therapy room.

This performance piece explores contrasting stories on the experience of music therapy for two bereaved parents within and beyond the therapy room.

Libby Flynn is a Brisbane based RMT who has worked primarily in the fields of psychiatry and bereavement and is currently finishing off her PhD through the University of Queensland.

Musicking with adults and mental health.

Dehavilland Room.

Jennifer Bibb.
RMT, MMus(MusThry), Music Therapist, The Melbourne Clinic.

Can music play a role in post meal support therapy? Group music therapy with adult eating disorder inpatients following a meal.

This paper will present the preliminary results of a research project which measures the influence of group music therapy post meal in comparison to standard care. The role of music therapy in supporting patients with eating disorders post meal will be discussed, in relation to decreasing levels of distress, anxiety, thoughts of food and negative self-perception.

Jennifer works as a music therapist in adult mental health at Austin Health and The Melbourne Clinic. Jennifer is a PhD candidate at the University of Melbourne and secretary of the Victorian branch of the AMTA.
Musicking with adults and mental health.

Dehavilland Room.

*Kirstin Robertson-Gillam.*
PhD, MA(Hons), MCouns, BA, RN.
Music Psychotherapist and Casual Lecturer, Creative Horizons Healthcare and University of Western Sydney.

*Associate Professor Leon Petchkovsky.*
University of Queensland.

Decreasing major depression in mid to later life by musicking with the Serotones Choir: A mixed methods research project.

Musicking through choir singing can enhance social interaction and decrease depressive symptoms for people in mid to later life with major depressive disorder. This mixed methods research demonstrated how the power of musicking through a choir can also minimize recurrent depressive episodes, enhance cognitive functioning and contribute to successful ageing.

Dr Kirstin Robertson-Gillam is lecturer in creative music therapy at UWS and runs her own private practice. Her research focuses on voice work and choir singing for depression in later life, including dementia. Leon Petchkovsky is interested in brain imaging studies of psychotherapy processes.

Musicking beyond therapy.

Catalina Room.

*Alison Short.*
PhD, MA, BMus, GCULT, AMusA, CertIV, RMT, MT-BC, RGIMT, FAMI.
Visiting Fellow, Australian Institute of Health Innovation, University of New South Wales.

Music in health promotion and public health initiatives: Extending the impact of BMGIM.

An inability to relax is often reported by patients with complex conditions requiring primary and secondary prevention strategies. Relaxation skills may progressively extend into everyday life following a series of Bonny Method of Guided Imagery and Music (BMGIM) sessions. Case material is explored within public health and health promotion concepts.

Dr Alison Short is an internationally accredited music therapist and experienced medical researcher currently working with at the University of New South Wales, Australia. She has taught and written extensively.

Musicking with young people and mental health.

Catalina Room.

*Sherreree Teh.*
MMus(Thry), RMT.

An innovative breakthrough in musicking with young people in Malaysia.

An innovative program has been established in Malaysia to engage with young people through healthy music listening and to promote help seeking. The versatility and adaptability of this program in different context and culture, as well as the sustainability and feasibility for the expansion of the program will be explored.

Sherrene is a Registered Music Therapist from Malaysia with a growing private practice. She is passionate in using music to engage with children and young people in learning and mental health.

New graduates

Dehavilland Room.

*Kassie Sofia.*
MMusThy, BMus (Perf), Dip. Ed, RMT.
Redcliffe Area Youth Space.

The perceptions of young people about the role and value of playing a musical instrument.

This paper presents findings from a study of the healthy young person’s conscious application of musicking to their everyday lives and how this relates to their health and wellbeing.

Kassie Sofia is a new graduate from the University of Queensland. She currently works as a musician and music teacher, as well as a music therapist at the Redcliffe Area Youth Space.

Angelie O’Brien.
MMus(Thry), RMT.
Boppin’ Babies, director of Treesong Music Therapy.


Parents play a vital role in the health and wellbeing of their child, and therefore are pivotal players in music therapy practice. This paper will report the findings of a study that explored parents’ perspectives, as documented in the literature on music therapy within the paediatric oncology setting.

Angelie graduated with her Masters of Music Therapy at the University of Melbourne in 2013. She currently works as a music educator and as a private-practising RMT in the areas of child development, disability and paediatric oncology.
Musicking with young people and mental health.

Catalina Room.

**Genevieve Dingle.**
PhD (Clinical Psychology). Lecturer, University of Queensland.

**Metal music listeners use music to help process their anger.**

Forty metal music listeners were given an anger induction then randomly assigned to 10 minutes listening to their extreme music or 10 minutes silence. Subjective ratings and heart rate measures showed that music both decreased arousal (rather than making it worse) and increased positively valenced emotions relaxed, inspired, and active.

Genevieve worked for over a decade as a clinical psychologist in adult mental health services. She is a Lecturer in clinical psychology and Director of the Psychology Clinic at the University of QLD.

Co-author not presenting

**Leah Sharman.**

**Eric Vanman.**
PhD (Psych.Sc). Senior Lecturer, University of Queensland.

New graduates

**Romy Engelbrecht.**
MMThrpy. RMT. Calvary Healthcare Bethlehem.

iPads and healthy ageing: a comparison between traditional musical instruments and portable electronic devices.

A mixed-method pilot study involving five older women sought to determine the acceptability and efficacy of using iPads compared to traditional musical instruments in music therapy. Findings indicated that both forms of music making served a social and learning function, and music made on iPads provided greater creativity and freedom.

Romy Engelbrecht has recently completed her masters of Music Therapy, and has a keen interest in working with older adults and using technology to expand clinical practice.

**Emily Mostratos.**
MMus(Mus,Thrpy), RMT.

**Vanessa Ropa**
MMus(Mus,Thrpy), RMT.

Musicking in Mumbai.

While in their final clinical placement in Mumbai, India two student music therapists developed a ukulele program for paediatric oncology patients, parents and staff. This presentation explores the multiple opportunities for musicking and the processes and collaboration that occurred to set up a sustainable project in an international development context.

Emily is a new graduate music therapist with placement experience in paediatric oncology, acquired brain injury, and early intervention. Emily completed her final clinical placement in Mumbai, India. As a new graduate music therapist Vanessa has placement experience in paediatric palliative care, working with people with dementia, and with autism spectrum disorders. Vanessa’s final placement was paediatric oncology in Mumbai, India.

**Cherry Hense.**
MMusThrpy, RMT.

Orygen Youth Health.

The Youth Music Action Group: Promoting the growth of young people’s musical identities beyond therapy.

This presentation will explore a Grounded Theory of how 11 young people acculturate musical identity as a process of recovery from mental illness and how the Youth Music Action Group was initiated to establish pathways for continued musicking in the community.

Cherry Hense is a Registered Music Therapist at Orygen Youth Health and PhD candidate at The University of Melbourne. Her PhD project investigates young people’s musical identities in recovery from mental illness.

**Antonia Mitchell.**
BMus(Th). RMT. DipEd. Grad Cert Christian Studies. RMT. Eastern Palliative Care.

Towards better practice: The integration between referral reasons and actual used methods in community palliative care music therapy.

This reflective presentation explores music therapy referral reasons in a Community –based palliative care service. The interplay between referrer, client characteristics and initial referral reasons is explored, along with RMT-identified needs and methods used. Reasons for inconsistencies and trends are suggested, providing implications for staff education and RMT self-reflection.

Antonia Mitchell is a music therapist for Eastern Palliative Care Association Incorporated. She also works in aged care and has experience working with special education and community early childhood.

**Tanya Maria Silveira.**
BMus (Perf). BA (Psych). MMThrpy. RMT.

**Culture-centred music therapy: Meeting in the middle.**

Engaging children with high needs in music therapy can be challenging. When cultural difference is added to the equation, a different way of working with the child is often required (Jaladin, 2005). This paper will discuss the significance of utilizing cultural background with children participating in music therapy.

Tanya Marie Silveira is a graduate from the University of Melbourne. Her role in establishing a music therapy program in Mumbai, India led to her interest in culture-centred music therapy.

**Musicking with young people and mental health.**

Catalina Room.

**Cherry Hense.**
MMusThrpy, RMT.

Musicking in Mumbai.

While in their final clinical placement in Mumbai, India two student music therapists developed a ukulele program for paediatric oncology patients, parents and staff. This presentation explores the multiple opportunities for musicking and the processes and collaboration that occurred to set up a sustainable project in an international development context.

Emily is a new graduate music therapist with placement experience in paediatric oncology, acquired brain injury, and early intervention. Emily completed her final clinical placement in Mumbai, India. As a new graduate music therapist Vanessa has placement experience in paediatric palliative care, working with people with dementia, and with autism spectrum disorders. Vanessa’s final placement was paediatric oncology in Mumbai, India.
Musicking in early intervention and special education.

Dehavilland Room.

Kate Williams.
PhD, RMT. Postdoctoral Research Fellow, School of Early Childhood, QUT.

The longitudinal developmental benefits of early parent-child musicking: An Australian population study.

We investigate parent-child home music activity in 3031 Australian children. Frequency of home music activities when children were 2-3 years contributed to children's vocabulary, numeracy, attentional and emotional regulation, and pro-social skills two years later. Effects for pro-social skills, attentional regulation, and numeracy held when book reading was controlled for.

Kate Williams is a postdoctoral research fellow in the School of Early Childhood, QUT. Her research interests include early childhood development, parenting and parent mental health, and intervention program evaluation.

Co-authors not presenting:
Professor Margaret Barrett.
PhD, Head of School, School of Music, UQ.

Vicky Abad.
MED (research), PGDipMusTh, BA, RMT.
School of Music, University of Queensland.

Professor Graham Welch.
PhD, Institute of Education, University of London.

Dr Mary Broughton.
PhD, School of Music, UQ.

Musicking with technology.

Catalina Room.

Rebecca Huntley.
BMus(Thrypl). VIC/TAS Manager, Sing&Grow.

Family Movies: Capturing parent-child musicking for the development of parental responsiveness.

Within the context of a residential 10-day program for families involved with the Department of Human Services (DHS) Child Protection Unit, this presentation introduces a unique and effective music therapy approach to engaging parents in reflective skill development as a means of supporting parental responsiveness. Current research will be highlighted as well as the implementation of the method through case study.

Bec is the VIC/TAS Manager for Sing&Grow and Clinical Specialist working at the Queen Elizabeth Centre. She is passionate about family music therapy and supporting responsive relationships between children and their carers.

Co-author not presenting:
Kate Teggelove.
BMus(Thrypl). Clinical Services Manager, Sing&Grow.
Musicking online: Music therapy songwriting via telehealth with a woman with ABI.

Catalina Room.

Cameron Haigh
BMus (Thy). RMT. NMT. RMT. Metro South Health.

Tim Minchin.
BMus. MMusThy. RMT. HEAL Creative Therapy.

Associate Professor Felicity Baker.
Italics: PhD. ARC Future Fellow. RMT. The University

This presentation explores the differences in the musicking experience between face-to-face and telehealth music therapy songwriting sessions. A mixed-methods single-case design was employed to examine the therapeutic experience in both contexts for a woman with ABI and mental illness. Implications for music therapy practice and future research will be presented.

Cameron Haigh is a Registered Music Therapist and Neurologic Music Therapist working for Metro South Health in acquired brain injury rehabilitation, mental health and clinical education. Tim Minchin is a music therapist in the HEAL program at Milpera State High School, working with adolescents from refugee and migrant backgrounds.

Musicking in early intervention and special education.

Dehavilland Room.

Rebecca Eager.
NMT (fellow). MMusThy. RMT.
NMTSB – Neurologic Music Therapy Services of Brisbane.

Exploring 40: A look back and a glance forward in the world of autism spectrum.

This presentation will explore the expansion of knowledge over the last 40 years in the fields of autism, disability, neuroscience, assessing intelligence and music therapy. An exciting look into the next 40 years will involve an exploration into how labels affect our musicking, diagnostic assessment and theories, and the presentation of an approach to improve our interactions with, and goal setting for, clients (both with ASD and beyond).

Rebecca Eager is an NMT from Brisbane, working in private practice primarily with individuals on the autism spectrum. Rebecca also works at the University of Queensland as a casual lecturer and clinical placement coordinator for the Masters of Music Therapy program.

Musicking with technology.

Catalina Room.

Elly Scrine.
MMusThy. NMT. BMus. RMT.
ONTrac at Peter Mac Victorian Adolescent and Young Adult Cancer Service.

Recording young lives: Establishing a recording studio within a pioneering adolescent and young adult oncology service.

This presentation reports on the evolution and development of a recording studio in a pioneering Adolescent and Young Adult oncology service. The studio was established as a component of a project to build the profile and understanding of the music therapy service within a multidisciplinary team.

In 2013 Elly Scrine commenced work at Peter Mac as the paediatric and adolescent music therapist. Following this role, she undertook volunteer music therapy work in India, and returned to Melbourne to commence a number of positions in paediatric and adolescent care. Elly also runs a community youth choir and performs her own original music.

Musicking in early intervention and special education.

Dehavilland Room.

Bronte Arns.
BA(Mus). AMusA. PGDipM.
Director of Music Therapy, Giant Steps Sydney.

Vanessa Lucas.
BCA. MAMT.
Music Therapist, Giant Steps Sydney.

Tune in Everybody! The Introduction of school xylophone ensembles to develop group social abilities in students with autism.

A project to introduce xylophone ensembles to students with autism provided an opportunity to examine the social and musical skills required to enable participation. The results of a 40-week program will be presented along with case studies illustrating individual social change and effects on the school’s musical culture.

Bronte Arns is the Director of Music Therapy at Giant Steps Sydney, also working in private practice with autism early intervention services. Vanessa Lucas is a Registered Music Therapist at Giant Steps Sydney, also working in private practice with autism early intervention services.
The multiple roles of group musicking in parent-child music therapy.

Clare Jones.
BA(Hons) MMus(MusTherpy), RMT.

Results of a minor thesis study suggest group musicking in parent-child music therapy can influence positive change in child, parent, and the parent-child relationship, in addition to a family's social connectedness. The study explored the roles of techniques in an early intervention program through the experiences of five music therapists.

Clare is a new graduate of the University of Melbourne. She works as a music therapist at a NSW Department of Education Special School and in private practice.

A critical interpretive synthesis of music therapy case studies: Examining the prevalence and presentation of therapeutic boundaries.

Laura Medcalf.
BMus, MMthpy, PhD candidate. RMT, Banksia palliative care service.

Therapeutic boundaries are a complex and under-investigated area in music therapy. It is critical for us as music therapists to evaluate our understandings of boundaries, and to explore and develop our practice. This presentation will detail a critical interpretive synthesis that was undertaken of music therapy case studies.

Laura Medcalf has been working as a music therapist for two and a half years. She has a masters in music therapy that included a minor thesis, which was a phenomenological study examining improvisation from a music therapy and professional musicians viewpoint. She has worked in palliative care, aged care, special education and bereavement, working with both children and adults. She is a current PhD candidate at the University of Melbourne. Her focus of her PhD is exploring therapeutic boundaries in contemporary music therapy practice, with a particular focus on how the music may affect boundaries in clinical work. She is also in her second year as a general member of the Victorian branch of AMTA.

Songwriting as communication for patients with ABI.

Hannah Rowland.
(BMus). Student, University of Queensland.

Songwriting was used as part of a music therapy program to facilitate emotional expression in two patients with ABI who demonstrated difficulties communicating feelings surrounding their injury. Both patients initiated sharing their songs with family, staff and patients, enabling them to invite others into their unique experiences through music.

Hannah completed her BMus in performance in 2012 and is currently in her second year of MMThy at the University of Queensland. Hannah is an experienced violin/viola teacher and performer, and has completed clinical placements in aged care.

Sound reflexes: Meaningful moments in music therapy.

Elizabeth Johns.
MMusTh, BMus, RMTh(NZ).
Music Therapist, Raukatauri Music Therapy Centre, NZ.

The poster presents findings from qualitative music-centred research on meaningful moments in music therapy with children. Improvised music surrounding these ‘moments’ were transcribed, analysed and interpreted. Experts of the transcribed meaningful moments will be presented and the implications of the findings for music therapy practice will be discussed.

Building on her degree in music, Elizabeth (Libby) Johns completed her Master of Music Therapy in 2012. She is currently working at the Raukatauri Music Therapy centre in Auckland, New Zealand.
Musicking and rehabilitation.

Dehavilland Room.

**Jason Kenner.**
BMus(Thry). RMT.
Tutor, The University of Melbourne.

**The Guitar harp: Custom instrument design to facilitate music engagement.**

A case study presentation of a project to build a custom instrument for a man with left hemiplegia and premorbid guitar skills. The guitar harp project incorporates guitar and folk harp features, facilitating music engagement by utilising procedural memory and familiar design elements.

Jason Kenner is a Registered Music Therapist working as a tutor at The University of Melbourne. His clinical experience is in mental health and ABI rehab.

Musicking with children.

Catalina Room.

**Elizabeth McLean.**
BMus (Thry). Graduate Specialist Certificate in Palliative Care.
Current Research Masters Candidate, NaMTRU. RMT.
Monash Children’s, Monash Health.

**Connection through ‘Musicking’: Music therapy to support the mother-infant dyad within a neonatal unit.**

This clinical case study introduces ‘Rose’ and her mother within a neonatal unit and their engagement together in weekly music therapy sessions. With review of the literature and presentation of a clinical case study, the significance of ‘musicking’ within and beyond music therapy in supporting the mother-infant dyad will be highlighted and explored.

Elizabeth McLean currently works at Monash Children’s, Monash Health, across general paediatrics the Neonatal Intensive Care Unit (NICU) and Special Care Nursery (SCN). Elizabeth is currently completing her Research Masters through NaMTRU, exploring music therapy’s role in neonatology.

Musicking and rehabilitation.

Dehavilland Room.

**Cameron Haigh.**
BMus(Thy). RMT. NMT. RMT.
Metro South Health.

**When music fails: Amusia in acquired brain injury music therapy treatment.**

While many music therapy approaches are based on an ability to participate in music despite the presence of deficits, this paper will suggest that in acquired brain injury treatment careful consideration should be given to aspects of amusia that may be present.

Cameron Haigh is a Registered Music Therapist and Neurologic Music Therapist working for Metro South Health in acquired brain injury rehabilitation, mental health and clinical education.
Musicking and rehabilitation.

Dehavilland Room.

Adrian Price.
HND Music Technology. Director The Soundbeam Project.

Tim Swingler.

Music therapy and the application of movement into music technology (Soundbeam).

Having been used in music therapy for 25 years, there is now substantial evidence for the musical liberation offered by SOUNDBEAM. This presentation will consist of DVD examples of some of the most compelling illustrations of this, and will survey current research into the applications of the technology with diverse clinical populations.

Adrian Price, composer and songwriter, has since 1998 been developing Soundbeam, and running national and international workshops and training sessions using Soundbeam and related technology. Tim Swingler trained in psychology and as a teacher and co-founded the Soundbeam Project with composer Edward Williams in 1990. Since then he has delivered over 1000 workshops and courses in more than twenty countries.

Musicking with children.

Catalina Room.

David Khentzos.
RMT. Royal Children's Hospital, Brisbane.

Music therapy in the paediatric emergency ward: Exploring a new area of practice.

The music therapy department at the Royal Children's Hospital, Brisbane has recently expanded clinical services to the paediatric emergency setting and is evaluating staff, patient and parents’ experiences. This presentation will reflect on the successes and challenges associated with developing a paediatric emergency music therapy service, and how it has informed broader clinical practice.

David has been working at the Royal Children's Hospital since 2011 and has experience within various caseloads. He and Maggie Leung established the emergency music therapy service in August 2013.

Co-author not presenting:

Maggie Leung.
RMT. Music Therapy Team Leader, Royal Children's Hospital, Brisbane.

Musicking with children.

Catalina Room.

Rebecca Fairchild.
BMus (Therpy), Masters by Research candidate. RMT.

Music therapy performances with pre-adolescent children and families living in crisis: An interpretative phenomenological analysis.

This paper describes a research project exploring the experience of sharing a music therapy performance for pre-adolescent children and families living in crisis due to homelessness and family violence. Results from an interpretative phenomenological analysis of the children's and parent's experiences will be presented.

Rebecca is currently completing a Masters by Research at The University of Melbourne. Her clinical and research interest is working in the community with children and families living in crisis.

Musicking and rehabilitation.

Dehavilland Room.

Eleanor Bajo.
BMus (Therpy). RMT. Calvary Health Care Bethlehem.

Exploring the use of music for motor function in Huntington’s Disease.

The neurological motor complexities of Huntington’s Disease (HD) call for special considerations in the use of music for movement with this client group. Observations and clinical outcomes from an interdisciplinary music and movement program for advanced HD will be presented and suggestions for best practice explored in light of current literature.

Eleanor Bajo is a music therapist who has worked extensively with people with progressive neurological and chronic illnesses. She currently works for Calvary Health Care Bethlehem as part of a state-wide neurological consultancy service.
AGENDA 40th ANNUAL GENERAL MEETING OF THE AUSTRALIAN MUSIC THERAPY ASSOCIATION INC.
Friday August 29, 2014 at 4.45pm
Venue: Royal on the Park Hotel, Brisbane, Australia

All reports are posted to the website in Central Repository (in the members section) and will not be read at the meeting. Ops Com/State Chairs (or a representative) will be available to answer any questions

1. Present

2. Apologies

3. Confirmation of the Minutes of the 2013 AGM


6. Appointment of the Auditor

7. Set fees for 2015/16 and due date for payment

8. Appointment of Public Officer

9. Operations Committee Reports.
   These will not be read and are available on the website.
   Please read them before the meeting and bring any questions to ask of the chairs.
9.1 Registration Committee
9.2 Education Committee
9.3 Communication Committee
9.4 Ethics Committee
9.5 Continuing Professional Development Committee
9.6 Australian Journal of Music Therapy
9.7 Internal Liaison
9.8 National Conference Committee
9.9 AHPA report
9.10 World Federation of Music Therapy

10. State Branch Reports.
    These will not be read and are available on the website.
    Please read them before the meeting and bring any questions to ask of the State chairs.
10.1 New South Wales State Report
10.2 ACT Representative Report
10.3 Queensland State Report
10.4 Victorian State Report
10.5 Western Australian Representative Report
10.6 South Australian State Report
10.7 Tasmanian Representative Report
10.8 Northern Territory Representative Report

11. Election of Board Members
    11.1 Positions vacant:
        Treasurer
        Minutes secretary
        Vice president

12. Other Business
    12.1 Revisions to the Constitution
        Motion: “That the revised Constitution as circulated be accepted”
SUPERVISION

High quality, personalised clinical and professional supervision for Registered Music Therapists provided by Natalie Jack, RMT, experienced supervisor and clinician.

Conference Special

25% off supervision packages when purchased by September 30, 2014.

See www.musictherapybento.com for pricing and payment details.

All new clients also receive a complimentary 30 minute initial consultation.