
Colin Lee and Marc Houde’s large and impressive book on improvisation styles meets a gap in the music therapy literature. Music therapy and music theory are successfully interwoven to produce a resource that can be used by students in the classroom as well as by experienced therapists in the clinical setting. *Improvising in Styles* is divided into manageable sections on musical styles beginning with classical, then popular, and concluding with a sampling of world music. Each chapter includes a brief overview of the period, helpful linkages between the period implications and music therapy applications, and a multitude of music excerpts including audio examples in the two CDs that accompany the book. The book is a helpful and thorough resource that adds an informed tool to the music therapy literature, and deserves recognition on a global scale.

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