



Conference 'Art in Therapy'

Dunkeld, Victoria - Friday 30th October 2009

About the conference

The conference is aimed at improving health and wellbeing and creating active communities through the arts. As such the conference will be targeted at health professionals as well as teachers in art and music to connect them with evidence-based therapies that can be used to improve health and wellbeing of their clients and or pupils. Also, the conference provides an opportunity for the delegates to network and to form partnerships in health.

The program includes keynote speakers, concurrent presentations, interactive workshop presentations and a forum discussion. A wide variety of topics will be covered, including music therapy, dance therapy and visual arts therapy. The Australian Creative Arts Therapies Association is supporting the conference and well known key note speakers have committed themselves.

The program is of interest to professionals such as occupational therapists, social workers, psychologists, disability workers, activity workers, school welfare workers, mental health workers, counsellors, art therapy workers, art and music teachers.

The conference will coincide with the Dunkeld Mosaic of Arts Festival that will be held from Friday evening 30 October until Sunday 1 November 2009 (see www.dunkeldmosaic.com.au).

Abstracts (up to 400 words) for the concurrent sessions need to be submitted to adrian.schoo@greaterhealth.org by 5pm on Friday 3rd April 2009.

FURTHER INFORMATION:

Ms Jan Lier

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Flinders & Deakin Universities
www.cpdforalliedhealth.org

Keynote presenters



Understanding healthy relationships between teenagers and music: Lessons for us all

In this presentation Dr Katrina McFerran will examine the ways that music is being used in our culture. Young people in particular have embraced the mP3 phenomenon, and are able to access the music of their choice at any time of day or night. It is important for us all to consider the ramifications of this musical availability. Katrina McFerran (nee Skewes) PhD RMT completed her doctorate at the University of Melbourne on the topic of music therapy group work with bereaved adolescents. She has published extensively in the area of music and adolescents, with special focus on paediatric palliative care and eating disorders.



Moving into wholeness: Movement, dance and other expressive arts as active imagination

Authentic Movement is a form of dance/movement therapy that was developed in the United States by Mary Starks Whitehouse in the 1960's, and further developed by Janet Adler and Joan Chodorow, all of whom have written and published extensively. Linda Murrow has a Master's in Expressive Arts Therapy and is a registered dance/movement therapist, approved supervisor and educator with the American Dance Therapy Association. Trained with Janet Adler and Joan Chodorow she has taught dance therapy at Melbourne University, and played a central role in developing the Master of Creative Arts Therapy and Graduate Diploma of Dance Therapy at RMIT University.



Improvising experiences using multimodal arts

Creative arts education and therapy is not confined by the use of one art form. It encourages a dialogue between forms. The subsequent and emerging relationship between art forms facilitates the intersubjective dialogue and co-creation of the improvised and lived story that works to make sense and actively consider opportunities for change. Julie McDonald has a Master's in Experiential and Creative Arts Therapy (MIECAT) and is an experiential educator, therapist and artist. She has a diverse experience working in the fields of mental health, youth and domestic violence.