

September 2009

Newsletter of the Australian Music Therapy Association - Victorian Branch

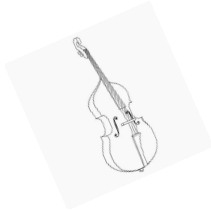
Issue 31

Tutti



Inside this issue:

1. *Chairperson's Report*
2. *AGM Information*
3. *Vacancies - VIC Branch*
4. *SIG News*
5. *Conference Bursaries*
6. *NMT Report*



AMTA Vic Branch

General Enquiries:
9517 1775

amta_vic@hotmail.com
www.austmta.org.au

Job Register:

vic.job.reg@hotmail.com

Work Experience:

vic.work.exp@hotmail.com

m

Chairperson's Report

Hello and welcome to the spring issue of Tutti.

As we slowly head into warmer weather, Vic Branch is taking stock of what will be happening before the end of the year. The 35th AMTA National Conference is just a couple of weeks away, and this year's theme, "Building Better Bridges" has clearly inspired some very interesting and innovative papers. I am unable to attend the conference this year, but I look forward to hearing all about it after the event.

Vic Branch was pleased to be able to offer a conference bursary for the first time this year. Two \$250 bursaries have been awarded to Melbourne University Music Therapy students Michelle Fisher and Freya Dalglish to assist them to attend the national conference in Sydney this year. We hope to offer the bursary again next year, and to open this to RMTs as well as students. Michelle and Freya are both presenting in the student section of the program, so if you are going to the conference, be sure to support Michelle and Freya by attending their papers if you can.

Vic Branch will be holding its annual AGM on Wednesday November 25th this year. The roles of Chair, Vice Chair and Treasurer are all becoming vacant at this time. If you are interested in one of these positions, or any of the other varied roles on the committee, now is the perfect time to email us for more information, or simply fill out a nomination form to bring to the AGM. Dewi has organised a Body Shop experience for us before the AGM, and products will be available for purchase through the Body Shop representative who hosts the workshop. This will be the perfect time to buy those last minute Christmas gifts for friends and family, or to treat yourself to a little pampering. Please see inside this Tutti for further details.

In this edition of Tutti, you'll find an article written by Eleanor McNab, who attended the NMT conference in London earlier this year. There's also information about the Vic Branch AGM in November, SIG updates, conference information and VIC Branch vacancy information. Happy reading.

Rebecca Crappsley

Chairperson, AMTA Vic Branch

Australian Music Therapy Association
Victorian Branch

**Bring your
CPD logbook!**

Annual General Meeting & free Body Shop Workshop



Date: Wednesday 25th November, 2009
Time: 7 – 9pm
Venue: St Paul's School
3-13 Fernhurst Grove
Kew 3101

Please RSVP by Wednesday 18th November to 9517 1775 or amta_vic@hotmail.com

AGENDA

1. Welcome
2. Apologies
3. Adoption of previous minutes
4. Business arising from previous minutes
5. Annual report – Chair: Rebecca Crappsley
6. Financial Report – Treasurer: Imogen Clark
7. Student Report – Student Representative: Michelle Fisher
8. Elections – Chair: Rebecca Crappsley
9. General Business

If you, or someone you know, would like to become a member of AMTA Vic Branch, please complete the nomination form below and post to: AMTA Vic Branch, c/o Rebecca Crappsley, Eastern Palliative Care, PO Box 227, Nunawading 3131, or simply bring your form along on the night.

Please note, the nominee, proposer and seconder must all be current financial members of AMTA Inc.

NOMINATION FORM – VIC BRANCH 2009-2010

I,, nominate

for the position ofwith the Victorian Branch of AMTA Inc.

for the 2009-2010 year.

The nomination is seconded by.....

Signatures: 1. Nominator.....

2. Nominee.....

The Body Shop @ VIC Branch

THE BODY SHOP®

Sally Ramshaw, from The Body Shop At Home, will be presenting a workshop at our upcoming Annual General Meeting.

Sally will be hosting an "Almond Hand Care Pamper" presentation, giving AMTA members the chance to experience a selection of great products from The Body Shop.

*The workshop will begin at 7pm on **Wednesday 25th of November**, immediately prior to the AGM. Please rsvp by 4th November to let us know if you will attend, by contacting amta_vic@hotmail.com or 9517 1775.*



Kind Regards

Australian Music Therapy Association

Your local Consultant is

Sally Ramshaw

0409 375 400

Advertise or Submit an Article in Tutti

Members of AMTA and external parties are invited to advertise in Tutti.

Tutti goes to 160 Australian Music Therapy Association members and students in Victoria.

Prices are:

1/4 page - \$10.00, 1/3 page - \$20.00, 1/2 page - \$30.00, 1 page - \$50.00

Tutti is published quarterly. Should you wish to advertise outside of the Tutti publication, cost for a mail out of a 1 page advertisement will be \$120 including printing, envelopes and postage.

Quote: If you want to be happy for life, love what you do. –

Mary Higgins Clark

Upcoming Vacancies on VIC Branch 2010

5 Minutes with...Kat McFerran- Vice Chairperson VIC Branch

*How long have you been a Music Therapist?
Where have you worked in that time?*

I graduated in 1993 and have worked at St Paul's School, Mercy Western Palliative Care, Royal Children's Hospital, Warringa Park School and am currently at the Salvation Army's Youth Worx Project. I am also senior lecturer at The University of Melbourne.

What made you want to be a Music Therapist?

Making music all day in a way that made people feel better. I remember the Red Cross visiting our school and mentioning this 'music therapy' thing and just becoming obsessed. I still am.

What are the key elements of your role as Chairperson of VIC Branch?

Supporting the Chair by taking on some small tasks and being prepared to step up as necessary. It's a bit like being an understudy, so mostly no pressure, but occasionally some responsibility.

Can you tell us some of the changes you've seen at VIC Branch in your time as Chairperson?

The ongoing challenge of working out how to blend our virtual lives and social interactions with our need for face to face meetings. Trying to determine how we can best support local RMTs and ensure that the community is still vibrant and fun to participate in.

What is your hope for VIC Branch over the next year?

More innovation and continuing commitment to improving practice.

What is the thing you most enjoyed about being Chairperson?

Catching up with everyone at meetings over a glass of wine and some great discussion.

What kind of person could be Chairperson of VIC Branch?

Someone who is confident and happy to be supportive – gee, like nearly all of us?!? Just do it!

OTHER VACANCIES

Chairperson *"It's all about organisation and delegation! My main role is to oversee and guide the activities that Vic Branch undertakes through the year."*

Beck Crappsley, current Chairperson

Treasurer *"The job is very rewarding, doesn't take much time, and offers regular get-togethers with wonderful fellow RMTs. Nominations from RMTs who live outside of Metropolitan Melbourne are very welcome with the possibility of phone conferencing."* *Imogen Clark, current Treasurer*

VIC Branch SIG News

Early Childhood SIG

Would you like to participate in a SIG for early childhood?

Would you be interested in facilitating this SIG?

The purpose of SIG's is to provide professional support by enabling RMTs to get together in a relaxed and informal arrangement to network, "pick each others brains, debrief, learn more and share resources."

SIG Facilitators are not required to attend Vic Branch Meetings but they must attend the annual SIG meeting and maintain close communication with the SIG Coordinator. SIG Co-ordinators:

- Liaise with the SIG Coordinator about meetings (dates, venue, time, topic) so that these may be published in Tutti and coordinated with other Vic Branch event.
- Maintain a data base of RMTs in the SIG group. Contact the group via email to inform them about the meetings and in between meetings as needed. Some SIG co-coordinators invite their participants to contribute agenda items.
- Sign the log books as requested and maintain a log of attendees at SIG meetings to verify attendance for CPD.
- Plan and facilitate at least three meetings per year. One of these needs to be an "Open" meeting.

SIG Facilitators are eligible for five CPD points!

Contact Bec May if you're interested in this SIG at becmay11@hotmail.com

2009 SIG DATES

Date	Day	Event	Details
3rd October	Saturday	Mental Health SIG	"Bring a hassle" Winifred's house (contact for details)
15 th October	Thursday	Combined Aged Care & Palliative Care/ Bereavement SIG	TBC
26 th October	Monday	Medical SIG	TBC
29 th October	Thursday	Adult Disability SIG	TBC
28 th November	Saturday	Mental Health SIG	Exploring Clinical Issues

SIG Facilitator Contact Details

Palliative Care

Melina Roberts melina_sunshine_roberts@yahoo.com.au
Cherie Baxter music@sepallcare.org.au

Medical

Pip Barry pip.barry@petermac.org

Aged Care

Sally Banks sebanks@hotmail.com

Mental Health

Winifred Beevers winifred.beevers@nh.org.au

Special Ed

Bec May becmay11@hotmail.com

Adult Disability

Ju-Young Lee jy2712@hotmail.com

The inaugural conference bursary was recently awarded to Melbourne University music therapy students Michelle Fisher and Freya Dalgleish.

Michelle is in her final year of the Masters degree and is looking forward to presenting a student paper at this year's national conference.

Michelle has been a valued member of the Vic Branch committee over the last 12 months, and has provided a strong link between the association and the students at Melbourne University.

Freya is also in her final year of the Masters degree.

Freya will be attending her second AMTA conference this year and will also present a paper in the student section.

Both students submitted high quality applications displaying commitment to the profession, and enthusiasm for furthering the body of knowledge for music therapy.

Vic Branch is proud to be supporting these students to attend and present at the conference and we wish them well in their careers. Congratulations Michelle and Freya!

Michelle's Paper - Bridging the age gap: working with 2-12 month old infants in hospital- is about the music therapy work I did on my third clinical placement. Due to the patient's age, the nature of acute hospitalisation and the literature called upon, the music therapy interventions were variable. The paper will outline a clinical program with this population, the theoretical bases used and considerations of the interventions. This will be illustrated by two case examples.

Neurological Music Therapy Report

I recently attended the 24th International Institute for Neurologic Music Therapy (NMT) in London along with three other Aussie RMTs Imogen Clark (Vic), Anneliis Way (Vic) and Helen Carrington (QLD). The training was provided by Michael and Corene Thaut from Colorado State University and hosted by the Royal Hospital for Neurodisability in London. It focused on specific 'standardised' techniques for functional rehabilitation, compensation and stimulation of speech and language, cognitive and sensorimotor skills. Some interesting research was presented particularly the use of rhythm for motor sequencing and the areas of the brain accessed when undertaking musical and verbal tasks.



Attending the training was a fantastic array of Music Therapists and other specialists from around the globe including England, Ireland, Scotland, Argentina, Germany and Poland. It was a wonderful opportunity build relationships and also to learn about music therapy approaches being taught and used in other countries. It made me grateful for the eclectic and up-to-date training I received in Australia!

Eleanor McNab

Oddspot

Europe's cash-strapped alpine farmers are raking in a fortune harvesting snow and selling it to desperate ski slopes. Despite a freezing winter, snow depths at lower altitudes are down and Austrian resorts have had to buy truckloads of snow from higher up the mountains.