



Mission Statement:

"We are committed to connecting, supporting, and representing Queensland Registered Music Therapists and Music Therapy Students; by facilitating and promoting best practice in delivery of Music Therapy services."

AMTA-QLD

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Newsletter

Coordinator:
Christobel Clark
(nee Moore)



Special Feature:

Tom Macmahon describes his experiences as an early QLD RMT and, with the benefit of hindsight, offers practical advice for avoiding burnout (See RMT in Focus, pg.2)

AMTA-QLD Chairperson's Report

Welcome to this special edition of the AMTA-QLD newsletter for 2011. In this issue we highlight the importance of professional development and networking through our special feature, social event announcement, and National Conference update.

A great big thank you to **Tom Macmahon** for providing his captivating story for our "RMT in Focus" feature. Tom began working as an RMT in 1981. Turn to **page 2** to read his wise words about **preventing burnout by accessing professional development and staying connected with colleagues**.

To help you do just that, the AMTA-QLD committee have organised a social event. On Sunday **17th April**, we invite you all to join us at the Regatta to launch the **new graduate RMTs and catch up with others** in the profession. Full details are below. We hope to see you there.

To meet your **professional development** needs, turn to **page 5** for an update on plans for the **AMTA National Conference** in Brisbane. Also, find out details of our upcoming **AMTA-QLD workshop** to teach RMTs **skills in presenting at conferences** and **turning clinical work into research and publication**. This interactive workshop will be held on **May 21st**, so mark it in your diaries!

As a committee, our goal for 2011 is to **promote music therapy beyond the membership of AMTA**. One way to do this is to present at diverse conferences. In this issue you may notice details about **conferences outside of music therapy**. If you can help by presenting within your field of interest, please don't hesitate to contact us:

amta.qld@gmail.com

Best wishes,

Helen Carrington

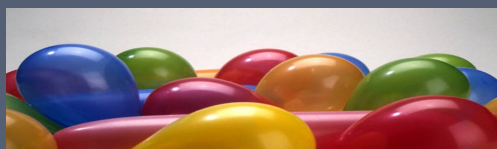
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Social Networking Event:

An opportunity to:

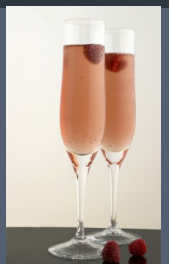
- ◆ **Welcome our new graduates**
- ◆ **Catch up with colleagues**
- ◆ **Say "No!" to Burnout**



For:
RMTs, new Graduates, students

Venue:
The Regatta, 1st floor
543 Coronation Drive, Toowong
reserved under "Australian Music
Therapy Association"

Date: Sunday 17th April
Time: 2pm



Join us!

Australian Health Promotion Association 20th National Conference:

Health Promotion & Determinants of Health: Strengthening Action

The Conference will have a strong emphasis on the social determinants of health along with solutions to strengthen action to address them.

10-13 April 2011

Cairns
Cost: \$995

For further information: <http://www.conferenceco.com.au/AHPA/>

Alzheimer's Australia National Conference:



Take a Different View

"The 14th Alzheimer's Australia national conference aims to take a different view of dementia and stretch our thinking with new ways of looking at dementia and those who live with it," says Ms Gevers. "I would encourage anyone with an interest in the field to register as soon as possible to take advantage of this fantastic opportunity."

17-20 May 2011

Brisbane
Cost: \$455-\$965

For further information: <http://www.alzheimers2011.com/index.htm>



RMT in Focus:

Tom Macmahon

When asked if I would contribute to this newsletter, I wondered if I could really write a story of sufficient interest to readers and also if this section should perhaps be renamed "Ex-RMT out of focus"!

It is now fifteen years since I practised as a Music Therapist and the last formal event I attended was the excellent International Music Therapy Congress held in Brisbane in July 2005. However, I do still like to keep in touch and hear of developments in Music Therapy in general and especially in Australia and am excited to know of so many graduates from the UQ course now carving out interesting, challenging and rewarding careers around Qld and elsewhere.

How, then, did Music Therapy come into and feature in my life?

Growing up in Adelaide, I studied piano and theory as part of my education at the Townsend House School in South Australia which I attended for 8 and a half years, commencing there eighteen months after losing virtually all my sight as a complication from a bout of measles at age six. I had, however, shown a strong interest in music,

particularly the piano, prior to this. My final school year at a boys' grammar school was tough, provided little musical experience and was something for which I was not prepared for socially or emotionally. However, it was an important step towards tertiary years. These commenced with a part-time Arts Degree in 1970 at Adelaide University whilst also taking up classical guitar and furthering my studies of piano and theory privately in order to be accepted into the Music Degree at the Elder Conservatorium the following year. I majored in piano, studying voice and some trumpet and violin, and focused particularly on electronic music, Ethnomusicology and Music Education.

In my third (final) undergraduate year, it was to my involvement in **Ethnomusicology** and most particularly the influence

of our lecturer, **Dr Catherine Ellis**, that I owe my interest and career in Music Therapy. An area of focus to which she introduced us was that of the uses and functions of music in community. I remember well some of our lecture group discussions around the integral part played by music in Aboriginal and other non-Western cultures where,

"...in Aboriginal & other non-Western cultures ... there would not be a need for the deliberate, therapeutic use of music"

traditionally, there would not be a need for the deliberate, therapeutic use of music. The seed was sewn ... an awakening in me of a new and exciting interest in

the power, significance and educational/healing potentials of music listening and music making. I subsequently undertook an Honours year, specialising in aspects of MT and wrote my thesis on the use of music and music-related activities with blind children to enhance their development of body image and spatial awareness. I later com-

pleted an Advanced Diploma of Teaching in Music and Special Education at the then Torrens College of Advanced Education where another skilled, insightful and highly respected Senior Lecturer had a significant influence on my education and formation, namely **Ms Patricia Holmes**. Through her, I also came in contact with Mrs Marie Reynolds, Specialist Music Teacher with whom I undertook practice teaching, from whose very practical and useful workshops I later benefited considerably and who also served as my primary supervisor during the process of gaining clinical hours and developing skills required for registration.

I gained my RMT in 1981 in accordance with the former E2b section of the Constitution. Prior to this, I had worked part-time in a number of facilities in Adelaide conducting music activity and music therapy-type programs for children and young adults with intellectual and multiple disabilities, adults with physical disabilities and psychiatric patients in group and individual settings. The annual AMTA conferences and occasional State branch workshops proved to be wonderful sources of stimulus, contacts, information and resources and continued for years to be my only opportunities for professional development in a

field still very much in its infancy in Australia.

Probably the most significant consequence of my pursuit of Music Therapy, was my meeting **Mary Daly** early on the Melbourne-Sydney leg of my train journey to Sydney to present a paper at the 1978 AMTA conference. We were married less than eighteen months later and, in 1981, Mary (originally from Brisbane) and I moved from Adelaide so I could take up a position as Music Specialist at the then **Narbethong School** for

Visually Handicapped Children. I soon found myself actively involved with the local AMTA branch and later with National Council, attending as many annual conferences as possible, sometimes also as a presenter, and helping to organise the 1984, 1989 and 1990 conferences held in Brisbane.

My early years at Narbethong had a primarily **music education focus**, taking class groups and providing individual tuition in various instruments and also theory and braille music. As students moved into mainstream education from the mid 80s, **more and more of my music programs catered for the needs of the increasing**

“The annual AMTA conferences and occasional State branch workshops proved to be wonderful sources of stimulus, contacts, information and resources.”

proportion of multiply disabled students with vision impairment at Narbethong, including many in the 0-6 age range. Narbethong provided outreach support, allowing me also to provide music input in various play-group and early intervention programs as well as being involved in the more mainstream areas of teaching braille music, theory and musicianship to primary and secondary students and supporting them as required in their classroom and instrumental music programs. There was an ever-increasing number of requests to take

high school students for work experience and from the early 90s, this expanded to include undergraduate students enrolled in the new Music Therapy Degree course at UQ – in the formation and commencement of which a few of us from the local AMTA scene had been quite heavily involved.

I treasure many memories of the MT-based programs at Narbethong. I

shall list just a few of the highlights which come to mind:

- the responses of young children to the

“working with a young deaf-blind boy...and learning afterwards that his mother... was moved to tears when she saw him smile & respond”

guitar, piano or accordion - reaching out, wanting and managing to create their own sounds;

- encouraging adolescents with a degree of autism or intellectual impairment, who would rarely communicate much verbally, to sing whole songs with encouragement and the motivation of a microphone;

- working with a young deaf-blind boy, sitting together on a resonance board and echoing back his sounds and vocalisations with my own voice very close to the skin of a large tambour held just above his head – and learning afterwards that his mother (whom I did not know was sitting nearby watching) was moved to tears when she saw him smile and respond to the sounds – the first time she had seen such a response;

- working as part of a multi-disciplinary team (with OTs, Physios and Speechies), designing and implementing programs including action songs and music often created for specific situations;

- exploring and utilising as much of my intuitive senses as possible – tuning in to individual key-notes, moods and as much as I could of the non-verbal

communication in students who had no speech, often little or no hearing, in addition to blindness – and sometimes working completely on my own without even the benefit of visual feedback from a teacher or aide; and marvelling at improvisations which seemed to ‘happen’ in both individual and group situations, for both me as a player to individuals listening and touching, as well as for individuals finding a means to express something for themselves through the playing of a drum, the strumming of guitar or autoharp, or use of a keyboard, etc.

They were busy and demanding years. The annual PD seminars for RMTs were always most valuable and eagerly anticipated, but there was very little other opportunity for PD, particularly in my own specific area of work. **In hindsight,** I ‘marvel with dis-

may’ (perhaps even ‘cringe with amazement’) at my attempting too much for too long without calling for assistance, or perhaps even knowing how or where to call.

With a compulsion to do what I thought was expected of the work position, to fulfil my responsibilities as one of the few RMTs in Qld, and to continue to provide Music Therapy programs as well as support students with vision impairment in several main-

stream situations, **I neglected to fully admit or compensate for the fact that most activities undertaken as a blind person demand considerably more time and energy than for a sighted person.** To my discredit, I know my young family of four children and wonderful, loving, patient, hardworking wife could well have done with a father and husband

“exploring and utilising as much of my intuitive senses as possible ... and sometimes working completely on my own without even the benefit of visual feedback from a teacher or aide”

“In hindsight, I ‘marvel with dismay’ ... at my attempting too much for too long without calling for assistance”

more present and less exhausted than I often was.

The supervision of MT students also became increasingly demanding. Although they often provided excellent and stimulating input to programs, **their skills and training made me increasingly aware of the lack of training in my own background,** particularly in such areas as psychology, basic medical, neurological and physiological knowledge, evaluation and assessment, group improvisation and other specific skills. **The need for a mentor/supervisor was obvious, though not to me**

until I suffered a pretty significant burn-out in 1996.

(Subsequently, I returned to work as a state-wide consultant in assistive technology.)

I am now enjoying retirement and am beyond the periphery of Music Therapy practice, but I will always greatly value the years I worked and studied in the field and the many good people and skilled and talented practitioners I have had the privilege of knowing and working with. It is gratifying and exciting to see

how the profession has developed in Australia since the first MT Conference in Sydney in 1975.

If I can contribute anything, albeit minute, **I would like to take this opportunity to draw on a little bit of wisdom which experience and hindsight have afforded.**

I urge RMTs to keep ‘going for it’ – carving out new niches, demonstrating the range and potential of our discipline and its skilled application. Keep the collegiate support going, too; grab every PD opportunity that arises; foster mentoring and supervision, and guard against ‘going it alone’ any more than circumstances sometimes necessitate ... and never be afraid to admit if you need some help or even just a sounding-board ... and actively seek it out. Many of us in the caring/helping professions seem to find it hardest to care for ourselves and even those who are nearest and dearest. We hear much said about work-life balance today. Whatever a healthy balance means for you, invest time to work it out, and continue to invest time in reviewing and maintaining that balance. Ever on and up RMTs, and my sincere best wishes to you all. ✍





Australian
Music
Therapy
Association

**2011 National
Conference**

Hi everyone,
The conference organising committee have been hard at work since I updated you in the last newsletter.

By now you should have received your **Call for Papers** in the post and / or via email. I'd like to encourage you to seriously consider submitting an abstract as I'm sure there's aspects of your work that could be applied to the conference theme this year of *Family, groups and systems: the ecology of music therapy*. Chair of the Scientific Committee, Karen Elliott, has established a **mentor program** this year which will allow you to access support throughout the abstract and paper development stages. Please contact her on:

drandkj@iprimus.com.au by



Karin Shaupp to present workshops at the PDS

the **1st of April** to express your interest in accessing this support. Abstracts are due by the **29th of April**.

I am VERY excited (again) to announce to you that thanks to sponsorship provided by your AMTA-Qld branch, Vicky Abad, PDS Convenor, has been able to secure the services of world-renowned **Karin Shaupp** to present workshops at the PDS.

Karin is one of the most outstanding guitarists on the international scene, her playing hailed by the German press as "so perfect, so complete, that it seems like a miracle". While in her teens she won prestigious international prizes in Spain and Italy, and today tours regularly throughout Australia, Europe, Asia and North America performing as a recitalist, soloist and festival guest, and making countless television and radio appearances.

Karin has released six solo CDs for Warner Music and ABC Classics, as well as various award-winning ensemble and orchestral albums. Recent releases include *Cradle Songs* (2010) a collection of exquisite lullabies from around the world, arranged for solo guitar.

Recent performance high-

Conference:

17th & 18th of September
at the Royal on the Park

PDS: 15th & 16th of September



lights include 150 performances of *Lotte's Gift* written for Karin by David Williamson, concertos with the London Philharmonic Orchestra (UK), and performances at the Goodwill Games Opening Ceremony, World Expo (Aichi, Japan) and Hong Kong Arts Festival.

Karin will share her expertise on managing performance anxiety and provide guidance on guitar technique at our PDS. She will also perform a recital at the conference. You can see Karin in action with Katie Noonan at the Powerhouse Theatre on the 29th and 30th of April. How exciting to have such a international virtuoso in our midst at our PDS. A huge thanks must go to the sponsorship of the Qld Branch of AMTA which is allowing this to happen.

Continue to check the website and the national conference newsletters (monthly) to stay up to date.

Until next time,

Kate Williams and the
2011 Conference Team

Ph: 0411 833 407

musictherapy@optusnet.com.au



Upcoming AMTA-QLD Workshop:

Topics:

- **Presenting** at music therapy & non-music therapy conferences
- Turning **clinical work into research** and/or articles for publication
- **Combining** music therapy with other allied health disciplines.

Sat. 21st May

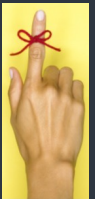
1-3pm

Venue to be advised

**Conference
Timeline:**

Due Dates

- **1st April:** Mentor program EOI due
- **29th April:** Abstracts due



**The 3rd Promotion,
Prevention, Early
Intervention
Conference**

The Conference will showcase local and interstate programs from promotion to clinical intervention with a spot light on the use of Arts in Mental Health.

31 Aug-1 Sept 2011

Logan

For further information:
lidija_medosh@health.qld.gov.au



2011 Indigenous Domestic Violence Conference

The conference will be the largest national Indigenous gathering of community based groups, government and non-government agencies who are involved in preventing domestic violence. This gathering will focus on issues such as psychological, physical, emotional and mental abuse, including research, community and governmental programs and the dissemination of information to the whole community with the aim of providing positive outcomes.

17-19 May 2011

Gold Coast

Cost: \$676-\$1026

For further information:

<http://ica-dv.webs.com/australiandvconference.htm>

2011 International Kodály Symposium

The theme of the symposium is 'Shared Visions — Connecting with Kodály', with the following five focus areas: music education, composition, community music, ethnomusicology/ folk music and instrumental pedagogy.

5-9 July 2011

Brisbane

Cost: \$80-\$550

For further information:

<http://www.iks2011.org.au/register/>

Upcoming Professional Development Events

2 April 2011
9am-3pm

Brisbane

QOSA workshop with Margaret McGowan-Jackson

Orff Schulwerk workshops focus on music and movement in an educational setting.

For further information: nikki_cox@bigpond.com or http://www.ancos.org.au/main/index.php?option=com_wrapper&Itemid=25

4 April 2011
6pm-9pm

Brisbane

Cost: \$70⁺

Working with Grief and loss from a strengths based perspective

In this workshop, participants will explore ways to work effectively with clients who are experiencing grief and loss.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

4 April 2011
3:30pm-5:30pm

Emerald

Understanding ASD

This session will examine the complexities of Autism Spectrum Disorder which include Autistic Disorder, Asperger's Disorder, and Pervasive Developmental Disorder – Not Otherwise Specified (PDD-NOS) and how it may impact on individuals across a range of settings, age ranges and levels of functioning.

5 April 2011
9am-12noon

Sunshine Coast

Participants will be involved in practical exercises and discussions. Questions and sharing of information/ideas is encouraged and highly desirable to enhance learning outcomes for all.

18 May 2011
9:30am-12:30pm

Brisbane

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

31 May 2011
9am-12noon

Gladstone

Cost: \$100

5 April 2011
1pm-4pm

Sunshine Coast

Clues to Managing Behaviour

This workshop will focus on problem behaviours in the educational setting. A framework that can be used to examine the underlying reasons for problem behaviour will be outlined and effective strategies for managing behaviours using a positive behaviour approach will be identified and discussed.

18 May 2011
1:30pm-4:30pm

Brisbane

Cost: \$100

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

5 April 2011
9am-3pm

Emerald

Social Success for Students on the Spectrum

Over the course of the day participants will learn practical strategies and games and activities to use with the students to support the development of social understanding and social skills.

25 May 2011
9:30am-3:30pm

Brisbane

Cost: \$170

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

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Upcoming Professional Development Events (cont.)

6 April 2011
9am-12noon**Difficult Moments with Young Children with ASD**

This session will address some of the common difficulties experienced by young children with ASD. By relating these challenges to the underlying characteristics of ASD, the facilitators will outline some general management strategies to reduce problem behaviours and make living with your young child with ASD more enjoyable and less stressful.

Emerald
Cost: \$100

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=147

12 April 2011
9:30am-
12:30pm**School Success - Learning, Academics & Homework**

This workshop will outline some of the challenges students with ASD have accessing the school curriculum and achieving their academic potential. The presenters will discuss strategies to identify and reduce barriers to learning.

Brisbane
Cost: \$100

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=151

13 April 2011
9:30am-
12:30pm**Sensory Processing and ASD**

This seminar discusses the sensory processing issues of people with ASD and through involvement of the participants, offers some insights and understandings into successfully supporting these individual and unique sensory differences.

Brisbane
Cost: \$100

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=153

13 April 2011
1:30pm-4:30pm**Creating Visuals at School**

This workshop will outline the value of visual supports for ALL children with ASD and some types of commonly used visuals in the school setting. We will discuss why children with ASD respond well to visual supports, considerations when developing a visual, and include demonstrations of a range of visual supports.

Brisbane
Cost: \$100

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=153

14 April 2011
6pm-9pm**Working with anxiety and phobias**

You will learn how to identify, work with and apply interventions with clients who are experiencing anxiety and/or phobias.

Brisbane
Cost: \$70^{ps}

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

16 April 2011
9:30pm-3:30pm**Play & Learning in the Early Years**

This hands-on workshop assists participants to understand the concepts and constructs of structured teaching, and to embed these into fun play based practical tasks for their individual learning environments.

Brisbane
Cost: \$170

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=157

(cont. p. 8)

Health Outcomes Seminar
Series with Dr John Ware:*Advances in health outcomes assessment: Implications for current practice*

Dr John Ware is an internationally recognised leader of the field of health care outcomes assessment and a member of the Institute of Medicine (IOM), National Academy of Sciences.

6 May 2011

Brisbane
Cost: \$198-\$440

For further information: http://www.phcris.org.au/eventsdiary/documents/john_ware_flyer.pdf

State-wide
Older
Person's
Mental
Health
Symposium

The Symposium is held annually bringing together delegates from medical, nursing and the allied health professions to engage in a full day program discussing issues that can impact on the communities older residents. Workshops are included in the program which explore real cases, real problems and invite participation from delegates.

30 Sept 2011

Brisbane
Cost: \$88

For further information: olderpersonmentalhealth@health.qld.gov.au



Mediation & Conflict Coaching (Introduction)

This experiential 3-day program provides an essential combination of mediation and conflict coaching skills to build professionals conflict resolution skills to assist resolution between two parties and work one-on-one with clients to help them resolve conflict and/or build their conflict resolution skills.

9-11 May 2011

Brisbane

Cost: \$999

For further information:

http://mediatorstyle.com.au/index_mediationcoachingtraining.html
or 0403 055 886 / (08) 9467 5996



Drumbeat

An evidence-based therapeutic intervention program that uses music to engage participants, teach social skills and build self-esteem. A high proportion of the program is based upon experiential learning as participants engage in a co-operative process, making music together, and work towards developing healthy social interactions and connections.

15-17 June 2011

Brisbane

Cost: \$682

For more information:

www.newcastle.edu.au/drumbeat

Upcoming Professional Development Events (cont.)

18 April 2011
6pm-9pm

Brisbane
Cost: \$70[♠]

Managing and assessing risks

This workshop will look at the risks counsellors face and how to assess and manage the risk to enhance your safety i.e. DV, suicide, child abuse.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

13 May 2011
8:30am-10:30am

Townsville
Cost: \$100[♠]

28 April 2011
6pm-9pm

Brisbane
Cost: \$70[♠]

Psychopharmacology for counselling professionals

Participants will be given an introduction to the concepts of psychopharmacology and the brain and how client practice can be informed.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

12 May 2011
2pm-4:30pm

Townsville
Cost: \$100[♠]

5 May 2011
6pm-9pm

Brisbane
Cost: \$70[♠]

Effective Note taking for counselling professionals

In this workshop you will learn skills and strategies for effective note taking of client session information; what to do if subpoenaed; complying with the privacy act; confidentiality & more.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

12 May 2011
8:30am-10:30am

Townsville
Cost: \$100[♠]

9 May 2011
6pm-9pm

Brisbane
Cost: \$70[♠]

Applying Narrative Therapy to enhance client stories

This workshop will explore narrative therapy (NT) as an intervention to use with clients in an effort to enable them to enhance their stories and hence recovery.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

12 May 2011
11am-1pm

Townsville
Cost: \$100[♠]

Maintaining our mojo

This workshop will enable you to assess where your 'mojo' is at in the context of self care and building our own resilience.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

13 May 2011
11am-1pm

Townsville
Cost: \$100[♠]

Using Art as Therapy in working with grief and loss

Participants will learn how to apply art therapy techniques to enhance their work with clients presenting with grief and loss.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

(cont. p. 9)

Upcoming Professional Development Events (cont.)

13 May 2011
1:30pm-3:30pm

Townsville
Cost: \$100⁹

CBT for counsellors

In this workshop, participants will gain an introduction to Cognitive Behaviour Therapy and how to apply it in the counselling context to enhance therapeutic interventions.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

19 May 2011
6pm-9pm

Brisbane
Cost: \$70⁹

Where did my mojo go?

This workshop will look at what is mojo, do you have it, how do we get and maintain it to ensure we are practicing self care.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

23 May 2011
6pm-9pm

Brisbane
Cost: \$70⁹

Substance Abuse Counselling

This workshop explores the theories and therapies relating to psychopathology in working with the client who is experiencing substance abuse issues.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

23 May 2011
1pm-4pm

Sunshine Coast

Dealing with Bullying & Building Resilience

This workshop will take a community approach to bullying and resilience, focusing on developing resilience and social competence for the individual who has been "bullied", the person engaging in bullying and the school community as a whole. Practical strategies will also be given to enable bullying to be dealt with effectively when it does occur.

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=162

1 June 2011
1pm-4pm

Gladstone
Cost: \$100

23 May 2011
9am-12noon

Sunshine Coast

Stress, Anxiety & Emotional Regulation

This session will outline some of the common reasons individuals on the spectrum experience stress and anxiety, the ways this can be exhibited through their behaviour (e.g. anger, aggression, withdrawal) and ideas and strategies to manage stress and anxiety more effectively at school, home and in the community.

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=161

1 June 2011
9am-12noon

Gladstone

6 June 2011
9:30am-12:30pm

Brisbane
Cost: \$100

2 June 2011
6pm-9pm

Brisbane
Cost: \$70⁹

Working in the family Law context

In this workshop, participants will be given a practical orientation to working within the family law environment including the family law act as it relates to counsellors.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

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⁹ 3 or more workshops in one registration you'll pay only \$65 per workshop per person

⁹ One day Attendance (3 workshops) is \$180 per participant OR Two days attendance (6 workshops) is \$360 per participant

QOSA Level 1 Course

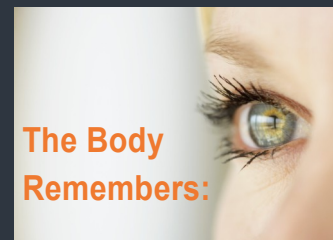
The intent of level courses is to provide training in the pedagogy, media, repertoire, techniques and teaching strategies that make up the Orff approach to music and movement education.

27 Jun-1 Jul 2011

Brisbane

For further information:

nikki_cox@bigpond.com or http://www.ancos.org.au/main/index.php?option=com_wrapper&Itemid=25



The Body Remembers:

Practical therapeutic applications of the neurobiology of trauma.

The practical workshop will equip participants with the principles and tools for reducing, containing and halting traumatic hyper-arousal. It is consistent with and a useful adjunct to all methods of psychotherapy and specialised trauma therapies.

27&28 June 2011

Brisbane

Cost: \$520-\$550

For further information:

<http://www.childhood.org.au/page.aspx?pageID=2005>



AMTA-QLD

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Malvern VIC 3144
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Upcoming Professional Development Events (cont.)

3 June 2011
9:30am-3:30pm

Brisbane
Cost: \$170

Understanding, Identifying & Supporting Differences in Sensory World

This workshop will introduce how the sensory system works and how variations in sensory processing might present. It will investigate the impacts of sensory processing issues on functional daily skills, learning and behaviour. Participants will develop an outline of the unique sensory issues related to the individual they live or work with and utilize this information to create practical strategies to support sensory issues.

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=169

6 June 2011
6pm-9pm

Brisbane
Cost: \$70⁺

Working in a community context

This workshop will explore the challenges of working in a community context and discuss strategies for counsellors to work effectively within organisational contexts.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

16 June 2011
6pm-9pm

Brisbane
Cost: \$70⁺

Working with trauma

You will learn proactive ways to be able to learn how to work with trauma. A range of trauma models will be explored.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87

20 June 2011
6pm-9pm

Brisbane
Cost: \$70⁺

Art as Therapy

This workshop will explore ways in which counsellors can apply art therapy techniques into their therapeutic interventions with clients.

For further information: events@trainingskillscentre.com.au or 1800 44 99 87



Have your say: Vote for next edition's layout

- Keep the "Special Edition" layout for subsequent regular issues
- Go back to the 2011 layout for subsequent regular issues

Email your preference to: info@musicking.com.au

Please email
contributions to the July
newsletter by:

20 June

to: Christobel Clark (nee Moore)
info@musicking.com.au