



s i m p l e
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Music for the Mind

Facilitator Training Workshop

The *Music for the Mind* Facilitator Training Workshop provides participants with practical, evidence-based training on the planning and implementation of a *Music for the Mind* program for people with dementia in the residential or community setting. This program is a structured singing, music and rhythm program which is designed to increase engagement by people with dementia at all stages of the illness. *Music for the Mind* takes a sing-along type activity to the next level by incorporating specific activities in an enjoyable manner which are designed to stimulate specific parts of the brain and improve wellbeing and outcomes for the person with dementia. Each participant in the workshop will receive a *Music for the Mind* Facilitator's Manual and music CD.

This workshop assumes a basic understanding of dementia and is suitable for diversional therapists, recreation staff, volunteers, personal carers, nurses and other people caring for people living with dementia who have an interest in the delivery of activities to people with dementia. **No previous music training or specific musical or instrumental skills are required for this workshop.**

"Music for the Mind" was developed by Alzheimer's Australia Wide Bay and Burnett, a not-for-profit community organisation that provides free information and support to people living with dementia and their families. \$20 from each registration for this workshop goes directly to support the ongoing activities of this organisation.

Workshop topics will include:

- An overview of dementia
- Understanding the connection between music and the brain
- Person centred care principles and their application in *Music for the Mind*
- Warm up techniques that are suitable to use with people with dementia
- Planning and running a *Music for the Mind* workshop

Special Offer

Register 4 people
and receive a "Busy Day
Activity Apron" valued at
\$120 FREE!

Workshop date: Wednesday 3 March 2010

Time: 9:00am – 4:00pm

Venue: Quality Hotel Airport International
528 Kingsford Drive
Hamilton, Brisbane, Qld

Cost: \$190 per person GST inclusive

(Includes morning tea, lunch, *Music for the Mind* facilitator's manual and CD)

Facilitator:

Natalie Sell is an experienced health and aged care professional with extensive national and international training experience. An informative and engaging speaker, Natalie was awarded a Churchill Fellowship in Innovative Aged Care in 2004 and undertook research in Canada and the UK on leading international aged care initiatives as part of her fellowship. Natalie holds a Graduate Certificate in Dementia Studies and is currently undertaking research into the role of activities in reducing behaviours of concern as well as programs for people with early stage dementia. Natalie recently conducted presentations at the Alzheimer's Disease International Conference in Singapore and the Redleaf Symposium in Brisbane and was keynote speaker at a World Alzheimer's Day event in New Zealand in 2008. In addition to her training and consultancy roles, Natalie continues to work directly with people with dementia and their carers in her role as Manager of a Dementia and Memory Community Centre in Queensland.

For more information on this workshop or to discuss your unique training needs phone
Simple Solutions on **1800 440 409** or email bookings@simplesolution.com.au

Registration and Workshop Information

Music for the Mind

Wednesday 3 March 2010

Hamilton, Brisbane, Qld

To register complete the form below and fax to 07 4128 7219 or post to PO Box 348, Hervey Bay Qld 4655 or email your details to bookings@simplesolution.com.au

Participant 1:		Job Title:	
Participant 2:		Job Title:	
Participant 3:		Job Title:	
Participant 4:		Job Title:	
Organisation:			
Address:			
Phone:		Fax:	
Email:			
Special assistance required:			
Special dietary requirements:			

To reduce costs and environmental impact **confirmation letters and tax invoices are sent via email** to the email address listed on your registration. If you require your confirmation letter and/or tax invoice to be sent by mail, fax or to an alternative email address please indicate below.

I **do not** wish to receive my confirmation letter or tax invoice at the email address listed above.

Please send it via:

Bookings

Bookings can be made via:

- fax (07) 4128 7219,
- phone (07) 4128 6882 or 1800 440 409,
- mail to PO Box 348, Hervey Bay Qld 4655.
- email to bookings@simplesolution.com.au,
- or through our website www.simplesolution.com.au

Payment

Payment in full is required prior to the workshop date. A tax invoice will be forwarded to you on receipt of your registration. Your tax invoice will include direct deposit details. If paying by cheque, please make all cheques payable to **The Sell Family Trust**. Credit card payments can be made via our website www.simplesolution.com.au

Cancellation Policy

Refunds will only be given where the cancellation is received in writing at least one week (7 days) prior to the workshop. If the cancellation occurs less than one week prior to the workshop no refund will be paid however a substitute delegate is welcome to attend.

If a workshop is cancelled by Simple Solutions Training and Consulting a full refund of registration fees will be paid however, Simple Solutions Training and Consulting is not liable for any related costs incurred by an organisation and/or individual including, but not limited to, accommodation and transport expenses.

Enquiries

All enquiries can be directed to Simple Solutions on (07) 4128 6882 or 1800 440 409 or via email to natalie@simplesolution.com.au