



Family Action Centre



resources for families, schools & communities

A commitment to quality

towards a truly civil society

That's what makes our resources more than just good value. Whether it's a book, a DVD or a classroom kit, everything we publish undergoes a rigorous appraisal. Here are a few great reasons to buy your resources from the Family Action Centre.

- The Family Action Centre is a recognised leader in working with communities and influencing policy.
- Our resources are produced by teams who have academic research backgrounds and have experience as practitioners. This interdisciplinary approach underpins the quality and useability of our work.
- All our resources have deeply embedded intellectual capacity. Each resource represents the thoughts, creativity, evaluation and knowledge of a team of experienced and qualified people.
- Our location within the University of Newcastle offers an international context to our work; however, we always promote the best in research and practice from Australia and New Zealand.
- We don't take advertising. In spite of many approaches over the years, our publications have remained staunchly independent.
- We are a not-for-profit organisation. We are not answerable to a group of anonymous shareholders, and all our sales are ploughed back into more research, practice, the collection of evidence and the production of resources.
- We follow environmentally responsible production practices.
- We're 100% home grown, always printing onshore and using local talent.

The Family Action Centre

The University of Newcastle
University Drive
Callaghan NSW 2308
Australia

Phone +61 2 4921 6403

Fax +61 2 4921 8686

Email FAC-events@newcastle.edu.au

Web newcastle.edu.au/centre/fac

All prices shown are in Australian dollars and are GST inclusive

New resources

As well as producing a wide range of books, CDs and DVDs ourselves, the Family Action Centre distributes resources from Australia and overseas that support our research and practice.

So Now You're a Dad

A beautifully intimate DVD in which five Indigenous first-time dads tell us about their connection with their newborns.

See page 4



Focus on Fathers

A collection of CD-based resources to help schools organise a dads' breakfast and get dads involved in the school community.

See page 6



Raising and Educating Boys & Understanding the Minds of Boys and Girls

Two DVDs from Michael Gurian, the keynote speaker who made such a huge impression at our 2008 Working With Boys, Building Fine Men conference.

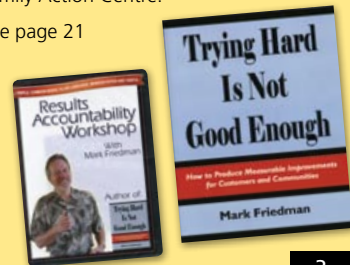
See page 17



Trying Hard Is Not Good Enough & Results Accountability Workshop

A book and DVD that support Mark Friedman's dynamic 'results-based accountability' workshops, hosted by the Family Action Centre.

See page 21



Indigenous resources

The Family Action Centre is committed to strengthening Indigenous communities, and we hold Indigenous projects and the development of related resources as a core priority in our strategic directions.

The local and national resources in this section have been developed in conjunction with Indigenous fathers to promote the ways in which Indigenous men are important to the lives of their children.



So Now You're a Dad

Indigenous men connecting with their babies
Craig Hammond & Richard Fletcher

When it comes to making that all-important connection with your child, we know from our research that 'the earlier the better'. In this inspiring DVD, Indigenous dads from the Hunter Valley, NSW, share their thoughts on what it means to them to connect with their babies.

These dads all embrace fatherhood and demonstrate the strengths and skills that helped them through this emotionally draining but exhilarating moment in their lives.

PRICE **\$30.00**
CODE: SONOW



Special:
Both DVDs: \$50
code: DVDCOMBO

Skills & Strengths of Indigenous Dads, Uncles, Pops & Brothers

(DVD/video)

A group of young Aboriginal fathers were trained over a three-month period with digital cameras and computer-based editing software, then went on to produce this DVD. With Craig Hammond as team leader they filmed each other as well as other members of the community and so presented their own experience as well as that of their community.



DVD PRICE **\$30.00**
CODE: INDIGDVD

VIDEO PRICE **\$30.00**
CODE: INDIGVIDEO

Indigenous Fathers Posters

These five dynamic, vibrant A3 posters give Indigenous men clear, positive messages.

Our Kids Need Dads Who: Stay Strong, Smile, Take an Interest, Be There, and Listen.

The messages were developed by Craig Hammond and the Indigenous community (men and women) as part of the Engaging Fathers research project on young Aboriginal fathers.

PRICE **only \$55.00**

CODE: INDIGPOSTERS



Young Aboriginal Fathers Project

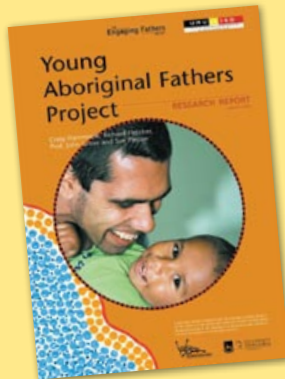
Research report

How do young Aboriginal men react when they discover that they are going to be fathers? What do they do at the birth?

What do they think of the services available? What would they like to happen? These questions were the basis for interviews with young Indigenous fathers from the Hunter Valley. At the same time, the services available to support Indigenous families were surveyed to discover what support was available to this group.

PRICE **\$9.95**

CODE: INDIGREPORT



Special package price

Purchase all three of our Indigenous resources — *The Skills & Strengths of Indigenous Dads, Uncles, Pops & Brothers* DVD, the Indigenous Fathers posters and the *Young Aboriginal Fathers Project Research Report* — for the special price of **\$85.00**.



PRICE **\$85.00**

CODE: INDIGPKG

Father-inclusive practice

The resources in this section promote the wellbeing of children from birth to eight years of age by engaging fathers and father-figures in the lives of children. Developed by the staff of the Engaging Fathers Program at the Family Action Centre, the resources have a focus on family and antenatal services, schools, childcare and early education institutions. The Engaging Fathers Program supports these institutions to better recruit and engage fathers and father figures with their children.

For more information about the Engaging Fathers Program contact the staff below:

richard.fletcher@newcastle.edu.au
craig.hammond@newcastle.edu.au

Focus on Fathers

A collection of CD-based resources to help schools organise a dads' breakfast and get dads involved in the school community.

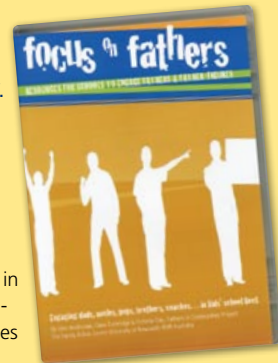
John Andriunas, Dave Turnidge & Victoria Clay

The 'dads' breakfast' has become an almost obligatory part of school life, but engaging dads is about more than just sizzling a few sausages; in fact, that's the easy part.

The *Focus on Fathers* CD brings together all the resources, knowledge and experience accumulated by the Fathers in Communities workers during their work in schools around Newcastle and the Hunter Valley. There's information on the hands-on practicalities of organising a dads' breakfast, pro forma documents for the invites and notices you'll need, work sheets for homework projects and the creation of a dads' corner in the classroom, a dads' strengths survey form and much more.

PRICE \$44.00

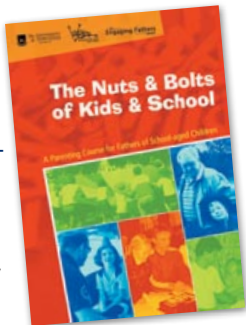
CODE: FOCONFATHER



The Nuts & Bolts of Kids & Schools

A parenting course for fathers of school-aged children

Ken Bright, Sue Pascoe, Craig d'Arcy, Simone Silberberg & Richard Fletcher



For anyone working with dads with school-aged kids, this manual provides a step-by-step guide to facilitate a short course for fathers and father-figures. The exercises have been field-tested on non-reading dads and dads from low-income and middle-income areas. We know they work. Topics include: The Strengths of Dads, Communication, Fathers Contribution to School and Community, Resilience and Positive Interactions and Child Protection.

PRICE was \$66.00, **now only \$39.95**

CODE: NUTSBOLTS

Bringing Fathers In Handbook

How to engage with men for the benefit of everyone in the family

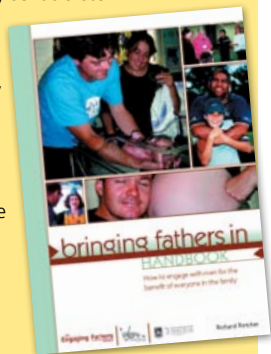
Richard Fletcher

This handbook is designed for staff and volunteers wishing to involve fathers with their service or agency for the benefit of infants and children. It contains templates, sample letters, brochures, cards and instructions for planning and managing father-related events. It provides first-hand accounts from a range of settings: hospitals, home-visiting services, Indigenous services, primary schools etc.

Engaging with fathers in 'real-life' situations is not easily learnt from a manual, but including realistic scenarios with instructions for conducting your own staff development makes it possible to get a feel for the task and learn from others' attempts.

PRICE **\$77.00**

CODE: BFIH



Dad's Posters

Set of 4 x A2 'The Magic of Fathers' captures the essence of soon-to-be and new dads

PRICE **\$44.00**





Dad's Cards

Dad's alone for the first time with a new bub . . . Something not right? Need some help to work it out? Dad's Cards might have the answers!

Dad's Cards offer a bloke's version of parenting contacts. They are a useful starting place for advice related to new bubs and being a dad. The cards were created by the Family Action Centre's Sharing the Magic in Earning about Infant and Newborn Growth Project, providing a parenting resource exclusively for new dads in the Hunter.

Cards sold in boxes of 500 (smaller quantities available on request)

PRICE **\$120.00** (for box of 500)

7 Days That Matter

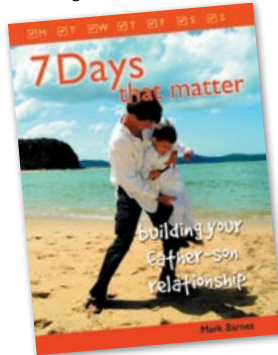
Building your father-son relationship

Mark Barnes

There's no simple, straightforward route to being a fine man for boys growing up in the 21st century. Sadly, too many of our boys get lost along the way. Using wisdom, gentle humour and experience Mark Barnes has produced a practical, heartfelt guide for fathers who want to help their sons stay on track.

PRICE was \$29.95, now only **\$19.95**

CODE: SEVEN DAYS



113 Ways to Be Involved As a Father (poster)

This poster, available in four different sizes (A4, A3, A2, or 297 mm x 840 mm) provides practical ideas for fathers and father-figures who would like to become more involved in their children's lives. Included are sections on communicating, being available, teaching and sharing interests.

PRICE **\$8.00** (A4 poster)

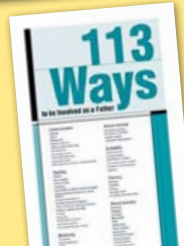
PRICE **\$11.00** (A3 poster)

PRICE **\$22.00** (A2 poster)

PRICE **\$35.00** (set of A4 + A3 + A2 posters)

PRICE **\$11.00** (840 x 297 mm poster, shown right)

CODE: 113WAYS



Fatherhood Research in Australia: Report

Richard Fletcher, Hedy Fairburn & Sue Pascoe

The Engaging Fathers Program produced this 150-page report following media attention on men's identity and circumstances, government policy initiatives surrounding families, and increasing attention to domestic violence—all of which raised awareness of male family roles and behaviour. The report makes available a description of recent research on fathers in Australian populations.

PRICE **\$9.95**

CODE: FRIAR



Dads Make a Difference

Engaging Fathers Program

Traditionally, fathers have taken care of the financial support for a new baby. But as a father you also have one important job that no one can do for you—making contact with your baby—through talking, touching and just 'being there'. This four-page brochure is for fathers in the early pregnancy period.

PRICE **20 x \$5.00**
50 x \$10.00
100 x \$20.00

CODE: DADSDIFF



Engaging Fathers T-Shirts

Men's and women's

Men's polo T-shirts in grey, navy or burgundy.

Sizes: S, M, L, XL, XXL, XXXL

PRICE **\$25.00**

CODE EFMENST

Women's V-neck cotton T-shirts in white or navy.

Sizes: 8, 10

PRICE **\$15.00**

CODE EFLADIEST



Rock & Water

The Rock & Water program offers teachers a new way to interact with boys and girls through physical-social teaching. It leads from simple self-defence and boundary and communication exercises to a strong notion of self-confidence. The program offers a framework of exercises and ideas about boys and manhood to assist boys to become aware of purpose and motivation in their life. Topics include intuition, body language, mental strength, empathic feeling, positive feeling, positive thinking and positive visualisation.

For Rock and Water training, conferences and workshop dates throughout Australia and New Zealand contact:

Michelle Gifford:

Phone 02 4921 6830

Email FAC-events@newcastle.edu.au

Bringing It Together 23 case studies of Rock & Water in practice

edited by Freerk Ykema, Deborah Hartman & Wes Imms

The 23 case studies in this publication describe how the Rock & Water program is implemented in settings as diverse as urban primary schools, correctional institutions, Indigenous schools, large high schools, boys' schools, co-ed schools. You name it — teachers around Australia have taken this program and adapted it to suit their students.

For the first time, stories of implementation have been brought together along with the small-scale evaluation studies that have been conducted by the practitioners. This book is a must-have for anyone attempting to implement Rock & Water and wanting to ensure their implementation is making a positive difference for their students.

PRICE \$49.50

CODE: BIT



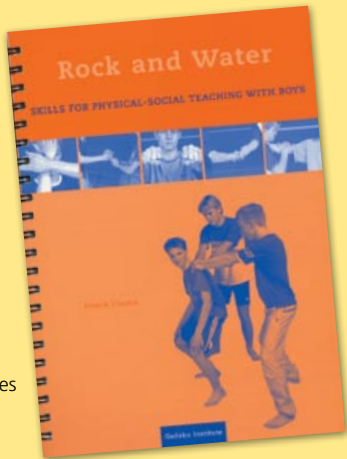
The Rock and Water Approach Manual

Skills for physical–social teaching with boys (3rd edition)

A comprehensive teachers' manual on the successful Rock & Water course developed for late primary to senior high school boys. The course develops self-confidence, self-control and self-respect through linking physical exercises drawn from the traditions of Tai Chi and karate to social issues that boys face, such as peer pressure, bullying, homophobia and sexual harassment. The manual describes the 13 lessons of the course in detail, as well as providing comprehensive information on the principles behind the course and the psychological and social developmental reasons for the lesson sequences. A must for male and female teachers who want to develop boys' social awareness.

PRICE **\$55.00**

CODE: R&WAPPROACH



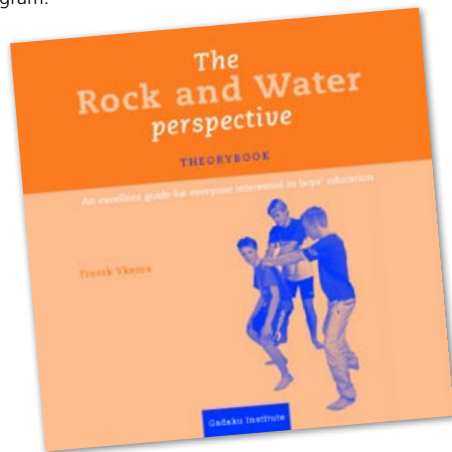
Rock and Water Perspectives

Theory book

A book written by Freerk Ykema for everyone interested in boys' education. It contains basic ideas about the dynamics behind boys' behaviour and links with the theoretical background information of the Rock and Water program. It is recommended for anyone who wants to work with, or is interested in, the program.

PRICE **\$35.00**

CODE: R&WTHEORY



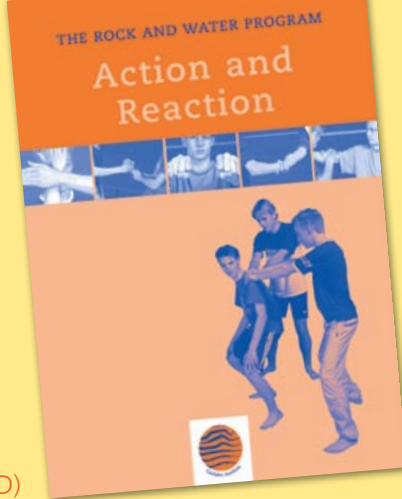
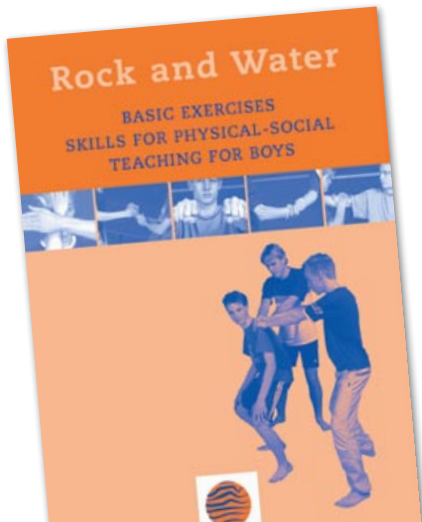
Rock and Water Basic Exercises

Basic exercise skills for physical-social teaching for boys (DVD)

This video contains the most important and challenging physical exercises of the Rock & Water program and is of invaluable support for every Rock & Water teacher.

PRICE **\$60.00** (DVD)

Code: R&WBASICDVD



Action and Reaction (DVD)

This video contains five scenes about different forms of violence as shown in the third day of the Rock & Water workshop. Suitable for high school-aged children only. Subtitled in English.

PRICE **\$60.00** (DVD)

CODE: R&WACTION

Rock and Water Poster Packs



This exciting new publication of two Rock and Water posters sets has been developed by EduSolution, WA in collaboration with Freerk Ykema, creator of the Rock and Water Program.

The posters add a visual dimension to the teaching of positive values, attitudes and feelings that the program embraces. Each set consists of 7 laminated A2 posters with an accompanying cover guide. The graphics are colourful, contemporary and are supported with text that powerfully complements the teachings of Rock and Water.

Introductory offer

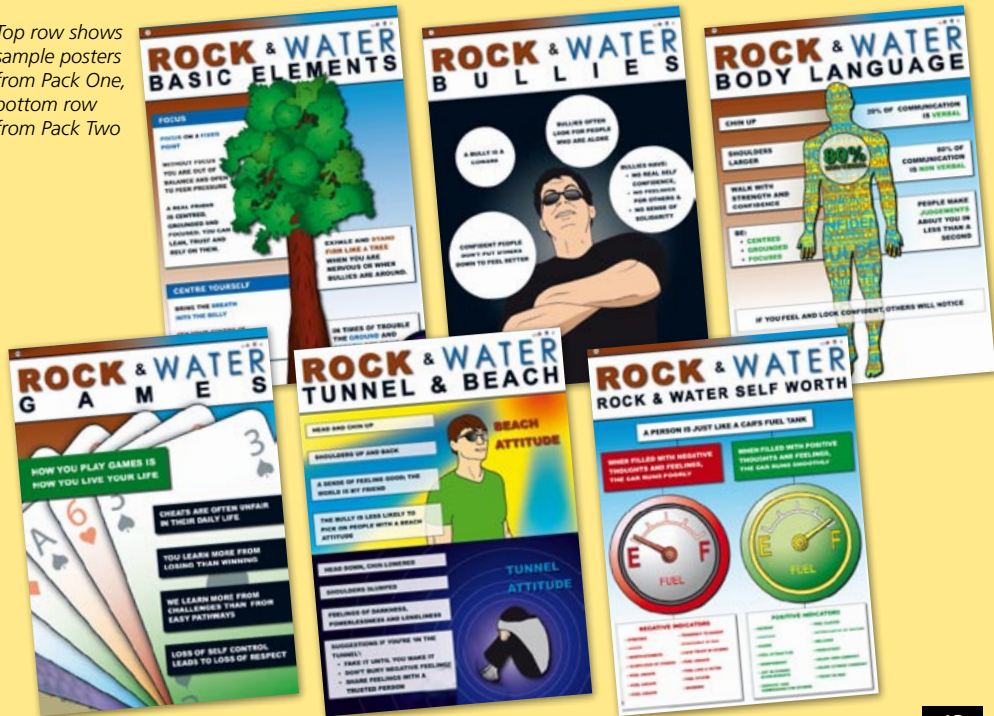
PACK ONE **\$69.00**

PACK TWO **\$69.00**

BOTH **\$129.00**

CODE: R&WPOSTERS

Top row shows sample posters from Pack One, bottom row from Pack Two



Rock & Water accessories

Are you a teacher or trainer of Rock & Water?
Do you need to be identified?

Rock & Water polo shirts are now available.

While sizes last...

Sizes

XXS, XS, S, M, L, XL, XXL



PRICE **\$45.00**

CODE: R&WSHIRT

Strike shields are used throughout the implementation of the Rock & Water program. To purchase Rock & Water strike shields please contact our suppliers direct:

Shogun Martial Arts 02 4731 1629



Rock & Water Training

Rock & Water national tours are scheduled each year during March–April and October–November. For tour dates go to

www.newcastle.edu.au/centre/fac/rock-and-water/workshops.html

One-day Rock & Water training opportunities are also available. This training provides an outline of the Rock & Water program with a focus on the first six lessons, including standing strong physically and mentally, and an introduction to the Rock & Water attitude.

Contact Michelle at
Michelle.Gifford@newcastle.edu.au
for further details.



Boys' education

The Boys in Schools Program uses the strengths of people and environments to achieve better educational, social-emotional and behavioural outcomes for boys, teachers, schools and communities. We focus on what is going well and what is working in any situation. Our resources are collaborations between researchers and practitioners, and reflect this strengths-based philosophy.

Being a Man Photopak (2nd edition)

A brand new series of 52 x A4 black and white photographs of men and boys. The images show boys, young men and older men in diverse roles and settings provoking immediate and powerful responses to what it means to 'be a man' in the world today. This resource has been developed, revised and refined by hundreds of hours in classrooms and in workshops throughout Australia.

Included is a leader's manual with group exercises and questions that accompany each photo; these are designed to support personal expression and interaction.

Suitable for use by teachers, parents, youth workers and health workers.

PRICE **\$79.95**

CODE: BAMP2





Educating Boys: The Good News

edited by Deborah Hartman

- Want to know the latest thinking on boys' education?
- Want to find out what is working for boys in primary and high schools around Australia?
- Want to support boys' in their development of male identities and positive relationships?

Then *The Good News* is for you!

With contributions by over 30 leading academics and practitioners in boys' education *The Good News* includes case studies from low socioeconomic settings, Indigenous communities, single-sex and co-education environments.

Drawing from presentations at the 4th biennial conference 'Working with Boys, Building Fine Men', this book is a must have for all parents and educators concerned about delivering the best education for boys.

PRICE **\$30.00** (book format)

CODE: EBTGN



PRICE **\$15.00** (CD format)

CODE: CD EBTGN

6 Pack of Strengths: Rewards bring rewards (for kids and teachers)

Deborah Hartman & Lindee Hahn

Based on Glasser's *Choice Theory* and the importance of acknowledging different learning styles, the **6 Pack of Strengths** is a levelled rewards system that gives educators a fun and easy way to recognise and reward their students. It can be used at a classroom, whole-school or section level. It's all about celebrating and rewarding the great things that are going on in and out of your classrooms, no matter how subtle or overt the actions may be. It's designed to appeal to both boys and girls, particularly in the middle years from Year 5 to 8.

The **6 Pack of Strengths** delivers a systematic, positive approach to rewarding boys and girls in classroom and playground settings.

The pack is made up of six parts:

- A **classroom wall poster** as a visual reminder of strengths-based actions.
- **320 colour-coded Spotting Strengths stickers** which are all about noticing the great things kids do every day.
- **50 colour-coded Action Reward cards** to provide students with tangible rewards they really want to get.
- **12 totem tags**, symbols that students can wear to be proud of their strengths.
- **4 totem trophies** to publicly acknowledge great strengths.
- **12 gift cards** to spread the strengths message to your school community.



was \$155.00
Now only
\$49.95
CODE: SIXPACK



POSTERS SOLD SEPARATELY @ PRICE **\$11.00**
CODE: 6PACKPOSTER (10 posters for \$100 / 20 posters for \$150)
MINI PACK (includes classroom strengths poster, 320 Spotting Strengths stickers)
STICKERS AND A BOOKLET on the rewards system
PRICE **\$24.95** CODE: 6MINIPACK
TOP-UP STICKER PACK (includes 320 stickers)
PRICE was \$27.50, **now only \$14.95** CODE: 6TOPUP

clearance
item

Michael Gurian Institute



Following Michael Gurian's keynote presentations at the 2008 Working With Boys, Building Fine Men conference, we were flooded with requests for information on the Gurian Institute's work in the US. The two DVDs cover the topics Michael discussed at the conference and expand further on the Institute's theory and practice.

Raising and Educating Boys

Michael Gurian

This DVD, filmed at the Gurian Summer Institute in Colorado Springs, covers:

- groundbreaking ideas about how we raise and educate our children today
- nature-based theory and brain-based research
- how gender is set in the brain in the womb, then socialised by culture
- the role of hormones and brain chemistry in boys' behaviour, learning and growth.

PRICE **\$192.50**

CODE: RAISEDBOYS



Understanding the Minds of Boys and Girls

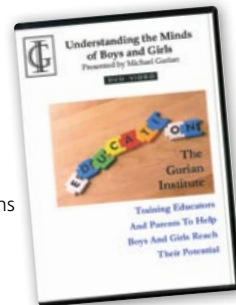
Michael Gurian

What do our children need? How can we help boys and girls? What is the role of human institutions in the care of our children? These are the some of the questions Michael Gurian asks in Understanding the Minds of Boys and Girls. Also filmed at the Gurian Summer Institute, the DVD covers:

- dynamic technologies that can show us pictures of differences in males' and females' brains
- the role of hormones and brain chemistry in girls' and boys' behaviour.

PRICE **\$192.50**

CODE: UNDERSTAND



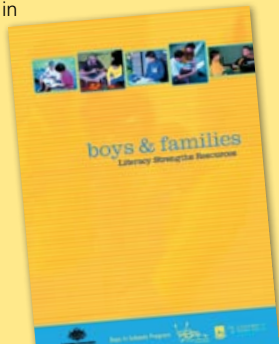
Boys & Families Literacy Strengths Resources

Victoria Clay & Deborah Hartman

This resource manual focuses on the literacy strengths of boys and families to enhance boys' literacy. By drawing on their interests and skills, and their uses of non-traditional literacy materials, it is possible to improve boys' engagement and motivation in literacy activities at school. Included are three surveys developed through interviews with mothers, fathers and boys. The boys' surveys will tell you what your boys are interested in and what your boys like to read. The manual will show you how to use that information in the classroom and provides a step-by-step guide to using those interests and alternate literacy materials in the classroom.

PRICE was \$55.00,
now only **\$24.95**

CODE: BOYSLITERACY



Fathers & Schools Together in Literacy & Learning

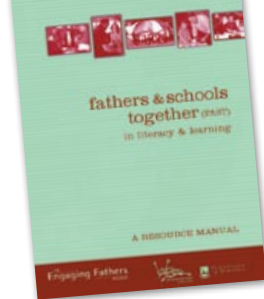
Stephanie Tranter

This manual provides schools with resources and strategies to engage fathers in the literacy lives of their children by enabling fathers to be actively involved in their child's classroom learning, improving children's engagement in literacy and providing children with male reading role models.

This manual can be integrated into classroom teaching, is simple and easy to use and contains resources and strategies that have been trialled and tested in primary schools. It includes relevant outcomes and indicators, is practical and realistic and will give your school RESULTS!

PRICE was \$77.00, now only **\$34.95**

CODE: FAST



Boys Business

Tuning into boys in the middle years using music & the arts

Robert Smith

Boys Business is a program about affirming boys. Although it uses music as a vehicle, it's not about creating a Vienna Boys Choir; it's more about helping boys evolve into collaborative, creative and independent operators.

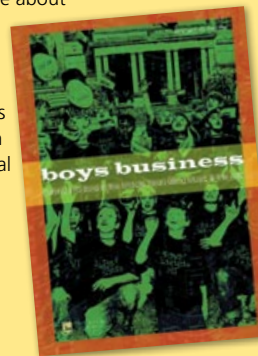
This teaching pack provides everything you need to run the program: the theoretical background, module outlines, games, activities, CD-ROM and sheet music.

Every middle-years teacher can use this!

PRICE was \$88.00,
now only **\$49.95**

(Manual, Songbook & CD-ROM)

CODE: BOYSBUSINESS



Includes
sheet
music

Leadership in Boys' Education

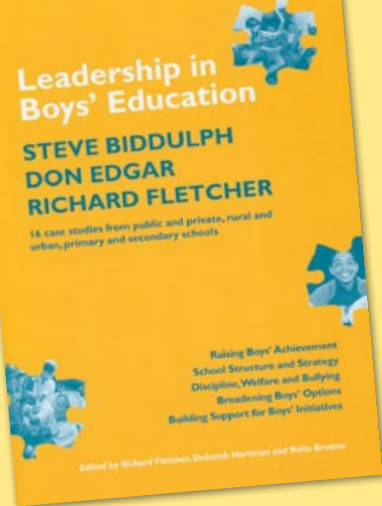
edited by Richard Fletcher,
Deborah Hartman and
Rollo Browne

*contributions from Steve Biddulph,
Don Edgar and Richard Fletcher*

Approximately 300 school principals and deputy principals from across Australia and New Zealand met in a national forum in 1999 to address the pressing issue of boys' education. This book is the result of that forum. It includes 16 case studies from public and private, rural and urban, and primary and secondary schools.

PRICE was \$33.00, **now only \$10.00**

CODE: LIBE



Games for Growing

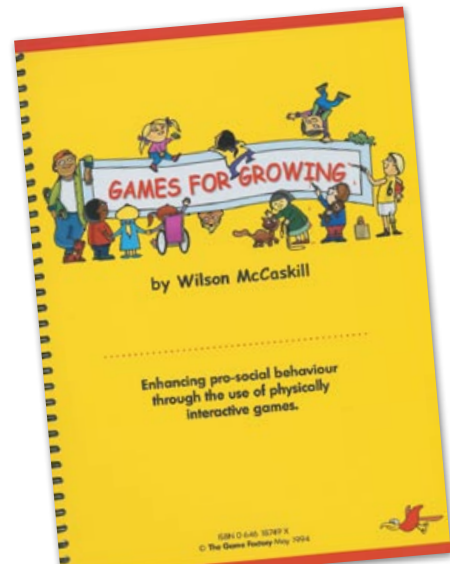
Wilson McCaskill

A proven way to develop social competency, emotional intelligence, self-management and cooperative behaviour in primary school children.

The games in this manual have all been tested in hundreds of schools throughout Australia. The manual is very practical, a how-to written in quick, easy language that can be applied immediately.

PRICE **\$44.95**

CODE: GFG



Boys in Schools

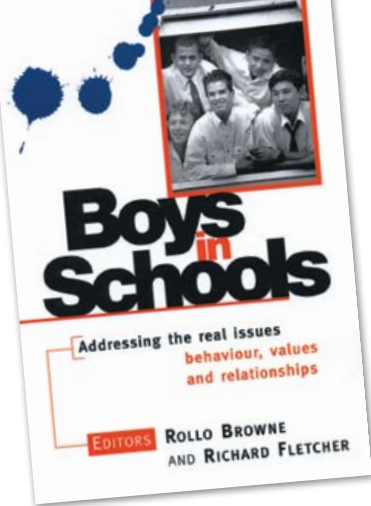
Addressing real issues:
behaviour, values and
relationships

edited by Rollo Browne and
Richard Fletcher

This book — now in its fourth printing — is still the only detailed account of what is being done around Australia to address the difficulties associated with the education of boys. There are chapters by leading boys' educators on reading, bullying, wrestling, English teaching, homophobia, fathers and working with boys. This book is of value to teachers, parents, educationists and all those who work with and care for boys.

PRICE **\$10.00**

CODE: BISchools

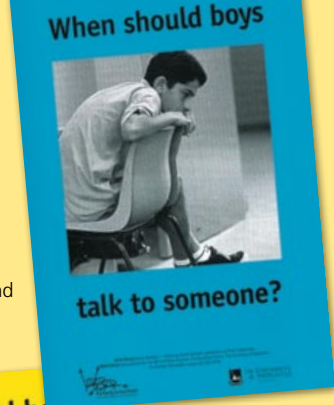


Boyz Rulez (set of 5 posters)

A set of five fluoro A3 posters which highlight the invisible rules learnt by boys during their school years. The posters can be used singly or together to engage boys and girls in the discovery of the hidden rules which dramatically affect their lives. The set of posters comes with a briefing sheet providing background information and follow-up questions for the posters.

PRICE were \$33.00,
now only
\$15.00

CODE: BOYZRULEZ



Results accountability



Trying Hard Is Not Good Enough

How to produce measurable improvements for customers and communities

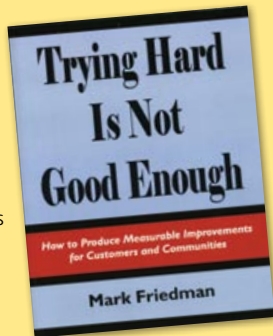
Mark Friedman

Mark Friedman has over 30 years experience in public administration and public policy. His widely acclaimed results-based accountability framework has been used in over 40 US states and many countries internationally.

In *Trying Hard is Not Good Enough*, Mark provides a 'how to' on accountability. It is an antidote to all the overly complex and jargon-laden methods foisted on us in the past.

PRICE \$29.50

CODE: TRYHARD



Results Accountability Workshop

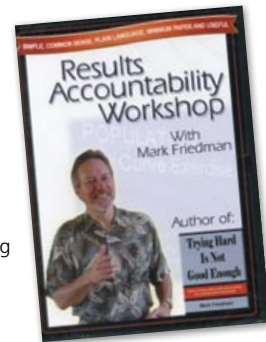
Mark Friedman

This internationally acclaimed workshop introduces the results accountability framework. The DVD illustrates the applicability of results accountability to cross-community quality-of-life improvements and the management of programs, agencies and service systems. Highlights include how to:

- establish results and indicators of community wellbeing
- use results to drive decision-making and budgeting
- identify performance measures for programs and systems
- link accountability to community efforts.

PRICE \$96.80

CODE: RESACC



Building resilience



Resilience is broadly defined as the ability of a person, group or family to overcome, prevent or minimise adversity. It can also describe qualities or characteristics that can help an individual or group adjust and adapt to a crisis.

The resources listed in this section will assist in identifying resilient qualities and in planning interventions to aid the development of resilience.

Resilience Identification Resources

Victoria Clay & Simone Silberberg

This resource kit takes a strengths perspective by focusing on what is going right or what's working in a young person's life, and is adaptable to a wide range of community and education settings. The resources can be used by a wide range of workers (school counsellors, youth workers, social workers, and community development workers) involved with young people aged 9–16 years.

The kit contains tear-off blocks (50 copies) of the Resilience Identification Checklist and the Resilience Circle, and a user-friendly manual. The Checklist provides an overview of a young person's situation by looking at internal and external support factors and interpersonal skills. It also provides support for planning interventions. The Resilience Circle can be used as a conversational prompt with a young person to discuss risk and protective factors in his/her life and plan strategies that capitalise on a young person's strengths, skills and resources.

Replacement blocks of the Resilience Circle and the Resilience Identification Checklist are available separately.

PRICE was \$60.50, **now only \$49.95** (for whole kit) CODE: RESILIENCE

PRICE for Resilience Circle & Resilience Identification Checklist worksheet blocks only **\$12.50 each**

PRICE for Resilience Circle & Resilience Identification Checklist worksheet blocks x 5pk **\$55.00 pk**



Communities of Hope

A strengths-based resource for building community

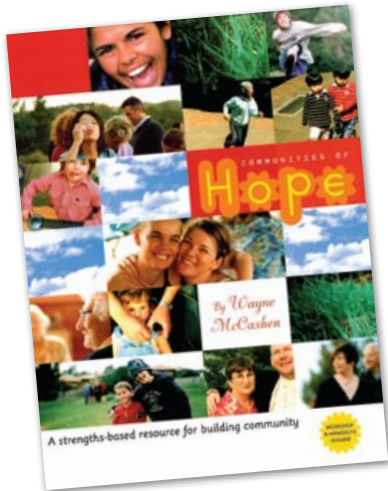
Wayne McCashen

Communities of Hope is about something very precious. It is about a community's capacity to learn, to change, to grow, and to build that most invaluable of commodities—respectful connectedness. This is a truly generous book giving a step-by-step blueprint for a strengths-based approach to community capacity building, as developed by St Luke's Anglicare (Bendigo, Australia). It contains clearly articulated and inspiring principles, with details of a three-day workshop for community leaders focusing on the building of community by the community.

Contains workshop information and 39 handouts for building resilient communities

PRICE \$44.50

CODE: COH



DeepSpeak

The world according to you

St Luke's Innovative

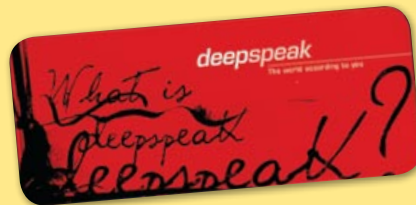
Resources

Some questions are hard to answer.
Some questions take us by surprise.
Some questions haunt us for years.
Some questions make us laugh
Some questions challenge our values
. . . and our picture of who we are.

DeepSpeak is a set of 120 questions like these, each with its own beautifully designed card, plus a 32-page booklet of suggestions to explore the transformational power of simple questions.

PRICE \$59.50

CODE: DEEPSPEAK



Interpersonal Skills for Professional Practice

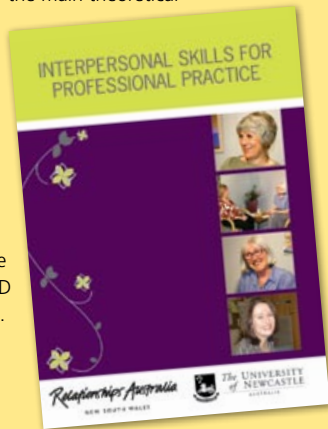
An educational resource for the helping professions (DVD)

This DVD package was developed by the Social Work discipline at The University of Newcastle in partnership with Relationships Australia. Designed to support social work students learning interpersonal skills required for professional practice, the DVD will be of value in education within a range of disciplines including medicine, psychology and teaching.

A brief introduction and outline of some of the main theoretical concepts from the Egan Skilled Helper model is followed by role-play vignettes demonstrating several of the core skills. Role-play interviews are used to demonstrate the use of active listening, and each role play is critically reviewed. The DVD also introduces counselling techniques and the demonstration of the first 30 minutes of a counselling session. The notes that accompany the DVD provide the tutor with ideas for how to use the DVD in an experience-based small-group setting.

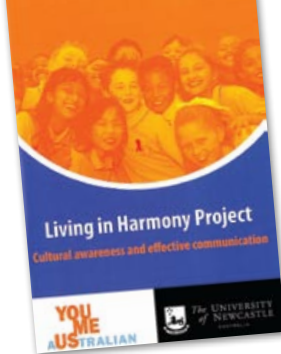
PRICE **\$88.00**

CODE: ISFP



Living in Harmony Project

Resources to support cultural awareness and effective communication (package: facilitator's guide, CD & DVD)



This training package is a useful resource for the business community. The material highlights culturally sensitive attitudes and communication skills that recognise the needs of customers from diverse cultural and linguistic backgrounds. Any service provider who wants to develop authentic, mutually beneficial relationships with people from diverse cultures may find this information relevant.

The package includes a DVD along with a facilitator's guide for a 45-minute training session in booklet and CD format. Hand-outs for participants are also included on the CD.

PRICE **\$69.95** (Package: Guide, CD-ROM & DVD)

CODE: LIH

Strength Cards for Kids

Celebrating the magic of everyday learning

St Luke's Innovative Resources

The most powerful way to solve a problem is to start with the strengths we already have and to use these to build new strengths. *Strength Cards for Kids* is published by St Luke's Innovative Resources and includes 40 full-colour plastic-coated cards, each identifying a strength by using a short sentence in plain English. Each card is illustrated with a matching, original and amusing picture. Included is a 24-page information booklet full of exciting ideas on how the cards can be used to help create personal growth and change.

PRICE **\$49.50**

CODE: SCFK



Our Scrapbook of Strengths

Collaborative project by The Family Action Centre and St Luke's Innovative Resources

Over 600 families were surveyed to determine strengths in families resulting in the development of a unique collection of 42 beautifully illustrated cards. The cards are grouped under eight themes: Resilience, Support, Communication, Sharing Activities, Acceptance, Togetherness, Commitment, Affection. It can be used to identify, explore and celebrate the strengths that bind families and communities together.

An invaluable resource for teachers, counsellors, students and parents. Suitable for ages 6 to 106.

PRICE **\$49.50**

CODE: OSOS



Talking About Our Strengths



Talking Up Our Strengths names and celebrates the strengths of the world's most enduring cultures. These family snap-style photos show people being 'strong in culture', depicting some of the strengths and values that are so deeply rooted in Aboriginal and Torres Strait Islander cultures.

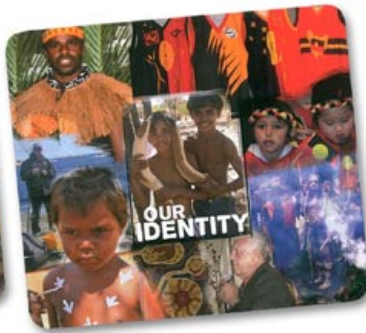
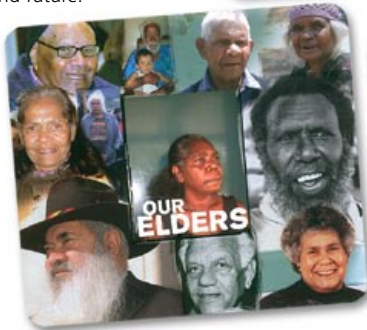
The 22 colourful picture card themes are woven around children, identity, knowledge, Elders, connection, celebrations, heroes, land, colours, language, stories, humour, men, women, mob, music, sport, health, tucker, pride, struggles, past, present and future.

A valuable tool to trigger conversation, these images offer a way to nurture pride and help people put into words a memory, feeling, idea, hope, dream.

This project was a partnership between SNAICC and St Luke's Innovative Resources who share a vision for the wellbeing of children, family and community.

PRICE **\$42.50**

CODE: TUOS



Asset-Based Community Development (ABCD)

Asset-Based Community Development (ABCD) resources

A set of user-friendly, easy-to-read books, developed by Jody Kretzmann and John McKnight, the founders of Asset-Based Community Development. These books are full of examples and practical ideas for community builders to identify, nurture, and mobilise community assets.

These books will be helpful to local community leaders, leaders of local associations and institutions, government officials, and leaders in the philanthropic and business communities who wish to support effective, bottom-up community-building strategies.



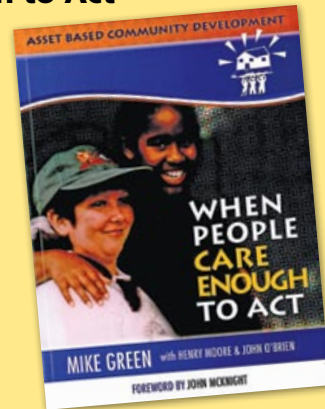
When People Care Enough to Act

Mike Green

An easy-to-read book that provides a clear explanation of ABCD principles, as well as examples of ABCD organising in action, learning exercises, worksheets, and reflections from experienced practitioners. With a foreword by ABCD co-founder John McKnight, *When People Care Enough to Act* gives you everything you need to launch you on your ABCD journey.

PRICE **\$44.00**

Code: WPCEA



Building Communities From Inside Out

PRICE **\$55.00**

Code: ABCD-GREEN

Guide to Capacity Inventories: Mobilizing the community skills of local residents

PRICE **\$40.00**

Code: ABCD-BLUE

A Guide to Mapping & Mobilizing The Associations in Local Neighborhoods

PRICE **\$40.00**

Code: ABCD-TEAL

Discovering Community Power: A Guide to Mobilizing Local Assets & Your Organization's Capacity

FREE DOWNLOAD: GO TO <http://www.northwestern.edu/ipr/abcd/kelloggabcd.pdf>

The Organization of Hope: A workbook for rural asset-based community development

PRICE **\$40.00**

Code: ABCD-BEIGE

A Guide to Mapping Consumer Expenditures & Mobilizing Consumer Expenditure Capacities

PRICE **\$40.00**

Code: ABCD-YELLOW

A Guide to Mapping & Mobilizing the Economic Capacities of Local Residents

PRICE **\$40.00**

Code: ABCD-PURPLE

Community Transformation: Turning threats into opportunities

PRICE **\$40.00**

Code: ABCD-NAVY

Leading by Stepping Back: A guide for city officials on building community development

PRICE **\$40.00**

Code: ABCD-GOLD

A Guide to Evaluating Asset-Based Community Development: Lessons, challenges & opportunities

PRICE **\$40.00**

Code: ABCD-WHITE

Asset Based Strategies for Faith Communities

PRICE **\$40.00**

Code: ABCD-BROWN

City Sponsored Community Building

PRICE **\$40.00**

Code: ABCD-SILVER



The resources in this catalogue support the work of the Family Action Centre. We also offer professional development; deliver postgraduate, graduate certificate and masters-level courses; and hold a range of conferences, workshops and seminars.

Postgraduate, Graduate Certificate and Masters Courses

The Boys in Schools Program offers a Graduate Certificate and a Masters program in educating boys. Designed for practising teachers, they are available by distance mode through the School of Education at the University of Newcastle. The practical design of these courses means that you will make positive changes for boys in your schools as you progress through the course. For further program and enrolment details, visit our website:

www.newcastle.edu.au/centre/fac/binsp

Conferences and Professional Development

The Family Action Centre delivers a suite of workshops, training, symposiums and conferences every year. The topics relate to our current research in the fields of education and research, youth, family, and community development.

To keep up to date with what's happening at the FAC, subscribe to our free e-newsletter, sent out by email once per term. Simply send us an email with 'Subscribe me to the FAC e-News' in the subject line.



The Family Action Centre
The University of Newcastle
University Drive
Callaghan NSW 2308
Australia

Phone 02 4921 6403

Fax 02 4921 8686

Email FAC-events@newcastle.edu.au

Web www.newcastle.edu.au/centre/fac