



Australian Music Therapy Association

Training Institute in Neurologic Music Therapy

Frequently Asked Questions

▪ **What is Neurologic Music Therapy?**

Neurologic Music Therapy (NMT) is the therapeutic application of music to cognitive, sensory, and motor functions that may be impaired as a result of neurologic disease of the human nervous system. NMT is research-based and its treatment techniques are based on scientific knowledge in music perception and production, and the effects of music on nonmusical brain and behavior functions. Populations served by Neurologic Music Therapists include, but are not limited to: stroke, traumatic brain injury, Parkinson's and Huntington's disease, cerebral palsy, Alzheimer's disease, autism, and other neurological diseases affecting cognition, movement, and communication.

▪ **What will I learn from attending the NMT Institute?**

Upon completion of the NMT Training Institute you will:

1. Be able to demonstrate a basic definition and introductory knowledge about Neurologic Music Therapy (NMT), including the taxonomy of techniques used in NMT.
2. Demonstrate an increased knowledge of current research supporting NMT techniques.
3. Demonstrate a working knowledge of the Transformational Design Model; a model to assist in treatment selection based on functional goals.
4. Identify current clinical assessments that can be used by NMTs for treatment evaluation.
5. Be able to answer basic neuroanatomy and pathology questions related to a variety of neurologic disorders.

▪ **Will I earn CPD points by attending the NMT Training Institute?**

Yes. Music therapists registered with the Australian Music Therapy Association will earn **40** CPD points for completing the NMT Training Institute. CPD certificates will be available for collection at the Institute. If you are a music therapist registered with an international association, or other allied health professional, it is your responsibility to negotiate the CPD points allocation with your registering organisation.

▪ **What is the difference between the NMT Institute and the NMT Fellowship?**

The NMT Training Institute is a 4-day, 30-hour workshop that will provide therapists with advanced clinical training and scientific knowledge in the field of NMT. The NMT Fellowship is available for music therapists who have completed the NMT Training Institute within the last three years. The NMT Fellowship is an intensive course which requires these music therapists to present examples of their clinical work in NMT and display advanced competencies in utilising the NMT methods.

For those music therapists who have previously completed the NMT Institute please contact info@austmta.org.au for information on how to register for the NMT Fellowship Training. The NMT Fellowship is being held on Friday 18 May 2012.

▪ **Can students attend the NMT Training Institute?**

Yes. Students are most welcome to attend. However, given the nature of the training we are unable to offer a student discount. Students will therefore be required to pay the full registration fee as it appears on the Training Institute in Neurologic Music Therapy Registration Form.

▪ **I am a physiotherapist, can I attend the NMT Training Institute?**

Yes. We encourage participation from all allied health professionals.

▪ **Are there unlimited places in the NMT Training Institute?**

No. Places are capped so we encourage you to register for the NMT Training Institute early to avoid disappointment. If you miss out on an initial place in the NMT Training Institute your name will be placed on a waiting list and you will be contacted if a place becomes available. Registrations will be strictly processed in the order in which they are received.

▪ **How do I register for the NMT Training Institute?**

Simply complete the Training Institute in Neurologic Music Therapy Registration Form and send it by fax or mail to the Australian Music Therapy Association. Fax: 03 9507 2316 (Attention NMT Registration). Address: NMT Registration, MBE 148/45 Glenferrie Road, Malvern, VIC Australia 3144.

▪ **Can I register online?**

Unfortunately we are unable to accept online registrations and payments. Payment can be made by credit card or cheque/money order only.

▪ **Can I defer payment?**

No. Full payment must accompany your registration. Places are limited so we encourage you to register early.

▪ **Can I register on the day?**

No. We are unable to accept registration on the day of the NMT Institute. Places are limited so we encourage you to register early.

▪ **Can I be invoiced?**

We are unable to issue an invoice for the NMT Training Institute. However, a receipt will be issued when you arrive at the NMT Training Institute on Saturday 12 May 2012. This receipt and the Registration Form are sufficient for an Australian tax return.

▪ **What does my registration fee cover?**

Your registration includes one (1) copy of the NMT Course Manual, and morning tea, lunch and afternoon tea during the training days (only morning tea is provided on the final day). Additional training materials will be available for purchase at the Training Institute.

▪ **Is there any additional reading I should complete before attending the NMT Training Institute?**

Yes. Michael Thaut's *Rhythm, Music and the Brain* is a standard text for Neurologic Music Therapists and offers a useful introduction to the NMT Training Institute.

▪ **What about accommodation in Melbourne?**

You are responsible for organising your own accommodation while in Melbourne. However, the Jasper Hotel (where the NMT Training Institute is being held) is very generously offering a special rate of \$155.00 AUD per room, per night. This rate is applicable to both single and twin share rooms. Simply call the Jasper reservations department on 03 8327 2777 and quote the rate code **CONR2**.

The Jasper Hotel is conveniently located in Melbourne's Queen Victoria Market precinct on the northern edge of the CBD. For more information on the Jasper Hotel we recommend you go to their website www.jasperhotel.com.au

▪ **Why is registration so much cheaper for music therapists?**

The Victorian Branch of the Australian Music Therapy Association is generously subsidising registration costs for all Australian RMTs and music therapy students.

For further enquires please contact info@austmta.org.au