



Mission Statement:

"We are committed to connecting, supporting, and representing Queensland Registered Music Therapists and Music Therapy Students; by facilitating and promoting best practice in delivery of Music Therapy services."

AMTA-QLD

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Newsletter
Coordinator:
Christobel Clark
(nee Moore)



Australian
Music
Therapy
Association

2011 National
Conference

Conference:

17th & 18th of September
at the Royal on the Park

PDS: 15th & 16th of September

Only
10 Weeks

until the conference!
Have you registered
yet?

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AMTA-QLD Chairperson's Report

A warm welcome to this AMTA-QLD winter edition. I hope it finds you well. We have put together a jam-packed newsletter with plenty to get involved in. Read on to find out about our first social-fundraiser event, the latest on the AMTA National Conference, and stories and ideas from inspiring Qld RMTs.

Join us for the social event of the year and help raise money for a new music therapy program at the same time. Here's how: The AMTA-QLD committee are aiming to offer another Project Grant in 2012 to support an RMT to set up a new music therapy program or research project. But we need your help to do it. We have some great fundraiser events coming up, and the first is a cracker! Join us on Thursday 4th August at the Sit-Down Comedy Club in Paddington for a night of laughs, networking and socialising. AMTA members, family members and friends are all welcome and all ticket proceeds will go towards the Project

Grant. Turn to page 2 to find out how to purchase your tickets.

On page 3 you'll find the update on all things AMTA conference-related. Kate Williams and her team are looking for some volunteers to help represent Qld music therapy and ensure a successful and professional conference. Plus there's a great prize on offer for Queenslanders.

Many thanks to Gucki Reissenburger for sharing her story about setting up music therapy work in North Queensland (RMT in Focus on page 4). And thanks to everyone who has contributed to this brimming page-turner. It's exciting to find out about the vibrancy of music therapy in Queensland.

So grab a hot chocolate and a doona, and enjoy the read!

Helen Carrington
AMTA-QLD Chair

Project Grant Fundraiser: see page 2 for more details

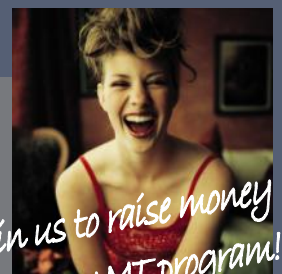
Comedy Night Fundraiser: Felicity Ward

When? 4 August, 8pm

Where? The sit-down Comedy Club: The Paddo Tavern,
186 Given Terrace, Paddington, 4064

Cost? \$25 pre-paid or pre-booked & \$27.50 at the door

Join us to raise money
for a new MT program!



Navigating the young mind:

Interpreting development, understanding responses and applying practical strategies for working with traumatised and high risk adolescents.

This seminar will explore recent developments in adolescent brain research and draw links from this to the experiences of young people who have endured abuse related trauma. The residual and ongoing consequences of trauma on adolescent brain development will be examined in addition to the application of practical strategies for engaging young people and their families.

14-15 July 2011

9:30am—4pm

Brisbane

Cost: \$395

Helping conversations:

Developing protective and therapeutic strategies with abused children and their parents

This two day workshop draws together a range of theoretical and research traditions to examine how to best integrate approaches to trauma recovery which engage both children and their parents.

17-18 August 2011

9:30am—4pm

Brisbane

Cost: \$360-\$395

For further information for both: training@childhood.org.au

Re-introducing the AMTA-QLD Project Grant

Dear AMTA-QLD members,

We are very excited to announce that we will be re-introducing the seeding grant in 2012. In 2005 and 2007, AMTA-QLD offered seeding grants, however due to financial commitments the committee took some time to re-evaluate financial priorities to best suit AMTA-QLD members. Last year in 2010, we re-introduced the RMT retreat, (now a triennial event) which will provide an opportunity for RMT's to reconnect with other RMT's, including those who are rural, share toasted marshmallows, experiences and to recharge for the rest of the year.

This year, we have been able to assist the AMTA conference financially and each year we aim to provide at least three professional development workshops and two social networking opportunities. In 2012, the seeding grant will return with the new name 'Project Grant.' This Project Grant will provide funding for a short-term music therapy program or research project at a facility that hasn't previously had a music therapy service.

However, in order for the project grant to go ahead, we require your help. Over the next 6 months, we aim to raise approximately \$2000—\$3000.

Project Grant Fundraising Event

Comedy Night: Felicity Ward

What? A chance for some laughter therapy with friends AND to contribute to opening more music therapy positions?
It's a no-brainer, sign up and come along!

On the Thursday evening, 4th of August, AMTA-QLD will be hosting a comedy fundraiser night. We will be selling approximately 80 tickets to AMTA-QLD members (and friends and families) for \$25 (pre-paid or pre-booked) or \$27.50 (standard price on the night). Spread the word and get friends and family together for a night of laughter therapy! I hope you will be able to join us for a fantastic night.

Not sure? Check Felicity out on:

<http://standup.com.au/comedian/felicity-ward>

In Summary:

Date:	4 August, 2011
Time:	8 pm
Where:	The sit-down Comedy Club: The Paddo Tavern 186 Given Terrace, Paddington, 4064
Cost:	\$25 pre-paid or pre-booked \$27.50 at the door



For tickets, contact Claire Weller:

Email: claire.weller@live.com.au
or call: 0427625138

The Comedy Club event details are also on Facebook: <http://www.facebook.com/event.php?eid=135024136575902>



Australian
Music
Therapy
Association

**2011 National
Conference**

Hi everyone,

Thanks to everyone who submitted an abstract, there was a great Queensland contingent which is so great to see. The process was highly competitive this year and so not all papers could be accepted. By the time you read this, most of the acceptance notices will have been sent out and the first draft of the exciting **conference program** will be up on the website (check out www.austmta.org.au/conf). The PDS program will also shortly be on the site.

I encourage you to not feel too disappointed if your paper was not accepted as it is not always about the level of quality but also how papers fit with the theme and how they fit together to make a well

rounded program. Perhaps you could resubmit your paper to a non-music therapy conference given you've gone to the trouble already of writing the abstract! 😊

We are currently looking to build a list of local **volunteers** who can help out at conference time. Jobs might include leading morning walking groups around the botanic gardens, leading the walking bus over to the Cultural Centre on the Saturday night and general hosting and welcoming duties..... and other 'stuff' will likely crop up. If you would like to consider a small volunteer role around the conference please contact me on the email below.

If you have a spare room and would like to offer to **billet** an interstate or non-Brisbane

Conference:

17th & 18th of September
at the Royal on the Park

PDS: 15th & 16th of September



conference delegate, please also contact me with your name, phone number, email address, accommodation address and options for transport to and from the conference venue (would you suggest your billet get the bus or train, how long will it take them etc).

We have also secured **a double pass to a Brisbane Festival event to give away**. All Queenslanders who register for the conference before the early bird date (5th of August) will go in to the draw for this valuable prize..... more details coming soon.

Look forward to hearing from some of you,

Kate Williams and the
2011 Conference Team

Ph: 0411 833 407

musictherapy@optusnet.com.au

AMTA Conference Volunteers Needed:

Topics:

- Billeting
- Welcoming
- Walking guide
- And more...

Go QLD!

Please send EOI to
the organising
committee:

Kate Williams

musictherapy@optusnet.com.au

Conference Timeline:

Due Dates

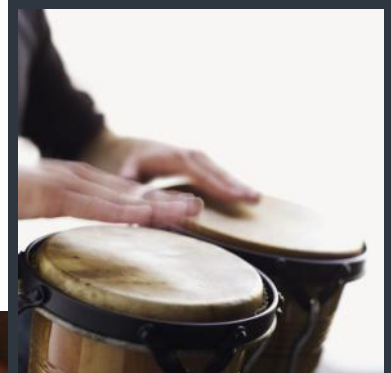
- **5th August:** Early Bird registration closes

Coming in October:

AMTA-QLD AGM, followed
by our first

RMT Drum Circle

Stay tuned for updates...



11th Australian Palliative Care Conference

Diversity: Strengthening quality care at the end of life

The 11th Australian Palliative Care Conference - Diversity 2011 will be held in Cairns QLD from 30 August - 2 September 2011. The conference will provide opportunities to share knowledge, leadership, inspiration and information about palliative care with delegates from around the world.

The overall theme of Diversity 2011 is 'Strengthening quality care at the end of life'. The conference aims to reflect the diversity that makes up the palliative care sector, with a primary focus on diversity in people, health and models of care. Diversity 2011 will provide the opportunity for robust discussion, hands on learning, interesting presentations and valuable networking.



30 August—7 September
2011
Cairns

For further information:
www.austpalliativecareconference.org.au

QOSA Cairns PAN
Festival



10-12 July
2011
Cairns

For further information: Nikki
Cox: nikki_cox@bigpond.com;
Wendy Turton:
wturt1@eq.edu.au



RMT in Focus:

Gucki Reissenberger

After becoming a Registered Music Therapist at the end 2009, I made the decision to move to North Queensland to pursue work in the field of music therapy.

One of the areas that needed to be addressed was separation anxiety from culture, language and family. During 2011, this program has continued and I have started a similar program at a second socially disadvantaged school in the region.

Since March 2010, I created a permanent part-time music therapy and case manager position with Ethnic Community Care Links (ECCLI). Three successful grants allowed me to deliver gentle exercise programs as well as forming the ECCLI Rainbow choir. Due to the diversity of musical backgrounds in the group, songs are performed from each cultural group which empowers people to share with others their cultural values and beliefs through music and group discussion. The ECCLI Rainbow Choir received the

“... in the group, songs are performed from each cultural group which empowers people to share with others their cultural values and beliefs through music and group discussion.”

Regional Arts Development Fund Medal for best program in the region.

I have additionally worked with Queensland Health on the “Connect and Create Social Inclusion for People Suffering from Mental Illness Living in the Community”. In this program, goals were aimed to

increase socialization, self-expression and building self-confidence. The workshops involved singing familiar songs, group improvisation and song writing. Recently an opportunity came about to work with social workers in the Legal

Services sector for older adults. The concept is to develop a large seniors singing group to participate in a flash mob event to raise awareness of elder abuse and other seniors issues.

I have also been privileged to be part of the University of Queensland ‘As Time Goes By’ research

project as a research assistant in the Townsville region. The aim of the project was to assess the relative effectiveness of a home-based carer-conducted music program on the quality of life and well-being of both carers and their spouse/partners.

Now that the ground work has been laid it has been an uphill battle to educate, expose and present music therapy in a region where there has up until now been no employment. I am now constantly in contact with service providers and find it very helpful to write reports on all the activities I have been implementing throughout NQld. This has given me positive feedback from workers, clients and other people in the community on the benefits that they have acknowledged music therapy can provide. My next phase is to deliver six workshops on music therapy to health professionals, educators and artists in the region and I am looking forward to see what the future holds. ♪

A Band of Music Therapists...

- ♪ As a RMT, do you ever feel like you would like to have a chance to **'be a musician'** along side with other music therapists?
- ♪ Have you got any **songs** that you have composed that may be appropriate to sing to a larger audience?
- ♪ Would you like to take part in **a musical, creative project** that aims to broaden the horizons of what usually is kept for more intimate audiences?

This project may be for you!



We are planning to start a MT ensemble, run by RMT's, that arranges and composes songs. This group intends to operate as a non-for-profit enterprise, with the aim of making MT better known in the community, supporting community projects, a possible feature for fund-raisers aiming to support MT programs, even offering a platform for MT clients to perform to broader audiences if there was an interest in doing so. Ethical issues will, of course, be taken in consideration to comply with the AMTA code of ethics.

We would like to have a variety of instruments represented in the ensemble.

We are currently negotiating with the AMTA conference committee in Brisbane to see if we could launch the MT ensemble during the MT conference in September. We hope this will be the head start of a long lasting project that will give many of us RMT's a way of regenerating our musical practice in a fun, creative, interactive and community minded way. ~Tania Balil, RMT

Please send any expressions of interest to:

taniabalil@optusnet.com.au

Please include available rehearsal times. (As everybody seems to be very busy, options for rehearsals may only be available on weekends.)

Jeannette Kennelly Workshop:

Jeanette Kennelly was a great encouragement to the 13 RMTs and students who attended her workshop on presenting Music Therapy on May 21. Reflecting on her own experiences since her student days, Jeanette addressed preparing for conferences, publications, and in-services, and got us all thinking about existing issues in our work or studies that we feel strongly about, and could therefore write about. Apart from the great input (of the lolly type as well!), it was rewarding to get together with others in our field.

~Wendy Chatterton, AMTA-QLD Seminar Coordinator

Social RMTs

The Regatta

17th April 2011



About a dozen RMTs and MT students (plus some family members) met on 17th April for an informal time of getting to know each other better. It was great to be able to meet informally and enjoy each others' company. It was also a pleasure to meet Jo-Jo, one of the first music therapists to be registered in Bogota, Colombia. Jo-Jo is in Brisbane refining her English skills, and hopes to undertake a Ph D here in the future.

~Wendy Chatterton,
AMTA-QLD Seminar Coordinator



Happy Drummers from the Community & TTP



The Tertiary PLACE (TTP)

rocks the community



Directing the ensemble.



Thank you to all of participants of MMBW

On the 20th of May 2011, The Tertiary PLACE (TTP) teamed up with Instrumental Music Australia (IMA) and Toca Percussion to bring together the community in a drum circle and choir rehearsal to celebrate Making Music Being Well 2011. It was a fantastic day enjoyed by all, with the members of TTP leading the drum circle, teaching the physical cues needed to participate in the circle to the family, friends, and members of the community who attended, and proudly leading the choir rehearsal with their strong and passionate voices. Among those who attended were the local member for parliament Di Farmer, the representative from

Toca Percussion (Pro Music Australia) Jon Carson, and the wonderful staff from IMA. IMA are the proud platinum sponsors for the 2011 AM-TA PDS & Conference. TTP is an organisation who offer creative and educational day programs for the further education and vocational skill development of adults with disabilities, and as part of these programs employ music therapy to assist their members. If you would like more information on TTP and how you can support them, please phone (07) 3890 0411 or email admin@thetertiaryplace.com.au.

~Jasmin Roberts, RMT

Music Therapy on the Gold Coast

2011 has been an exciting time for Music Therapy on the Gold Coast! Following dedication and persistence I wanted to share some of the exciting developments for music therapy on the Gold Coast. Following successful group music therapy work and support of professional staff there have been some significant (what I consider...) developments for the music therapy profession in terms of spreading our wings.

May saw events roll out for National Youth week all over Australia. An active community cultural development group – InterUrban Arts (for disengaged youth / adults) received major funding for a week long creative event for young people ages 12 – 30 working together intensively for a week to produce a performance piece lasting 30+ minutes. Music Therapy and physical theatre were the 2 disciplines chosen as most effective for this project. Using music therapy to commence each day during this week was reported to result in a very productive and focused group of young people, resulting in a very moving performance which the crew performed at Youth Justice and at a major National Youth Week - Gold Coast open air event. There is the possibility this project will be mirrored for indigenous youth in Tenant Creek later in the year (fingers crossed!!).

During this time a funding application was submitted for a community choir for a similar population. June brought news the grant was successful for a community choir – The Urban Choir.

This choir is a youth project using group singing to increase wellbeing and community connectedness for disengaged community members, residents from a drug rehabilitation facility and any community members keen to sing. The aim of this project is to engage the members in a creative project that will provide and enhance basic skills to assist in improving their day-to-day lives.

The Urban Choir project will employ myself (RMT), and one community cultural development worker for 20 weeks. The expected start date is August 2011.

Working within a Community Cultural Development approach has been demonstrated to achieve significant results in altering attitudes and attempting to create and support not just single individuals but a community. In addition to this as a professional, an RMT, the personal satisfaction achieved through seeing music therapy be so significantly effective in these projects as well as being a valued member of the group. Stay tuned for how the Urban Choir develops!

Angela Delany, RMT

Upcoming Professional Development Events

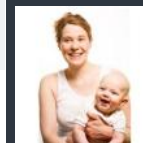
- 5 July 2011**
9:30am—11:30am
Brisbane
Cost: Free
- A dementia free future: Fantasy or reality?**
Alzheimer's Australia (Qld) is pleased to present Baroness Susan Greenfield speaking for one day only in Brisbane on the future of the brain and if a dementia free world is achievable.
For further information: [3895 8200](tel:38958200) or www.alzheimers.org.au/queensland/baroness-susan-greenfield-brisbane-.aspx
- 8 July 2011**
9:30am—4pm
Brisbane
Cost: \$230
- Teaching traumatised students: Exploring the impacts of relational trauma and how to support traumatised children in the classroom**
This seminar will provide a clear framework for understanding the significant impact of abuse related trauma on the behaviour, learning and lives of children. The seminar will resource participants with a range of strategies for supporting children and young people within the education context.
For further information: training@childhood.org.au
- 14 July 2011**
6pm—9pm
Brisbane
- CBT in action**
This workshop will provide an introduction to applying CBT when working with children and adults.
For further information: events@trainingskillscentre.com.au or phone us on **1800 44 99 87**
- 18 July 2011**
6pm—9pm
Brisbane
Cost: \$70⁺
- Working with domestic violence and Family domestic violence**
In this workshop participants will be given a theoretical orientation to DV; assessment tools, counselling interventions; how to make a safety plan for the themselves & the client; reporting, DV legislation & referral pathways.
For further information: events@trainingskillscentre.com.au or phone us on **1800 44 99 87**
- 19 July 2011**
9am—12 noon
Hervey Bay
- Understanding ASD**
This session will examine the complexities of Autism Spectrum Disorder which include Autistic Disorder, Asperger's Disorder, and Pervasive Developmental Disorder – Not Otherwise Specified (PDD-NOS) and how it may impact on individuals across a range of settings, age ranges and levels of functioning.
- 25 July 2011**
9:30am—12:30pm
Brisbane
- 1 August 2011**
9am—12 noon
Cairns
- 22 August 2011**
9am—12 noon
Rockhampton
- Understanding ASD**
Participants will be involved in practical exercises and discussions. Questions and sharing of information/ideas is encouraged and highly desirable to enhance learning outcomes for all.
For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop
- 19 July 2011**
1pm—4pm
Hervey Bay
- 25 July 2011**
1:30pm—4:30pm
Brisbane
- 1 August 2011**
1pm—4pm
Cairns
- 22 August 2011**
1pm—4pm
Rockhampton
Cost: \$100

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Traumatic beginnings: Understanding and transforming the infant experience of relational trauma

This workshop acknowledges the disintegrative infant experience of trauma, and presents playful interventions designed to transform the experience for infants, to enhance attachment patterns and to assist with moderating behaviour.

1-2 September 2011
9:30am—4pm



Brisbane
Cost: \$360-
\$395

Transforming problem sexual behaviour:

Implementing a practice based approach to assessment and intervention with children and young people who engage in problem sexual behaviour

This two day seminar is a comprehensive examination of a model of assessment and intervention that has been demonstrated to be effective in reducing the incidence of problem sexual behaviours in children.

6-7 October 2011
9:30am—4pm

Brisbane
Cost: \$360-\$395

For further information on both:
training@childhood.org.au



Counsellor Camps are a two day professional development retreat to enhance a counselling professionals counselling and intervention skills as well as self care.

Our workshop program for this event includes a range of experiential workshops lead by counselling professional and practicing facilitators in their field of expertise

17-19 May 2011

Gold Coast

Cost: \$280-\$420

For further information:
1800 44 99 87,
events@trainingskillscentre.com.au or
www.trainingskillscentre.com.au/counsellor-camps/

QOSA Levels 1 & 2 Courses

The intent of level courses is to provide training in the pedagogy, media, repertoire, techniques and teaching strategies that make up the Orff approach to music and movement education.

19-23 September 2011

Brisbane

Cost: \$80-\$550

For further information:
nikki_cox@bigpond.com,
QOSAnews@gmail.com or
www.iks2011.org.au/register/

Upcoming Professional Development Events (cont.)

20 July 2011

9am—3pm

Hervey Bay

Understanding, Identifying & Supporting Differences in Sensory Processing

This workshop will introduce how the sensory system works and how variations in sensory processing might present. It will investigate the impacts of sensory processing issues on functional daily skills, learning and behaviour. Participants will develop an outline of the unique sensory issues related to the individual they live or work with and utilize this information to create practical strategies to support sensory issues.

23 August 2011

9am—3pm

Rockhampton

For further information: http://www.autismqld.com.au/index.php?page_id=event&id=188

Cost: \$170

21 July 2011

9am-3pm

Brisbane

Cost: \$199-\$245

Behaviour Management: focusing on restorative practices in schools

This practical seminar will present current behaviour management perspectives focusing on Restorative Practices. This involves the building of positive relationships and establishing a supportive environment that is fair, consistent and democratic.

For further information: www.bigscope.com.au

28 July 2011

Brisbane

Cost: \$35

Planning for end of life breakfast seminar

For further information: jan.samuels@alzheimers.org.au or <http://www.alzheimers.org.au/whats-on/planning-for-end-of-life-breakfast-seminar.aspx>

30 July 2011

Brisbane

QOSA workshop: Andre van der Plas

Topic: Dances Around the World - folk dancing and creative movement .

For further information: Nikki Cox: nikki_cox@bigpond.com

2 August 2011

9am—12 noon

Cairns

Cost: \$90-\$100

Stress, Anxiety & Emotional Regulation

One of the most commonly encountered issues for parents and those working with children and adolescents with ASD is how to reduce/manage their stress, anxiety and/or anger. This session will outline some of the common reasons individuals on the spectrum experience stress and anxiety, the ways this can be exhibited through their behaviour (e.g. anger, aggression, withdrawal) and ideas and strategies to manage stress and anxiety more effectively at school, home and in the community.

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

2 August 2011

1pm—4pm

Cairns

Cost: \$90-\$100

Learning & Living with Sensory Processing Issues

There is no environment or task that does not require a person to process and use sensory information. For many people the sensory system works efficiently, and provides consistent and reliable information about the world that allows them to successfully engage, learn and work. However, some individuals experience significant challenges and/ or differences in the way they understand and use sensory information. This workshop will explain the seven senses and how processing issues in these senses may present, how to identify these differences and will provide practical tips to support these sensory variations in everyday life.

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

(cont. p. 9)

Upcoming Professional Development Events (cont.)

3 August 2011

9am—3pm

Cairns

Play & Learning in the Early Years

Children on the autism spectrum are often challenged in the development of the early learning skills that their peers acquire through play. Building these base abilities is a factor in inclusion, play development and success both within the early years and later school environments, and provides the platform for the child to develop more complex play and cognitive skills. However, incorporating this form of teaching into the play based framework of the early learning centre can be difficult.

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

24 August 2011

9am—3pm

Rockhampton

Cost: \$155-\$170

Using reflective practice to enhance counsellor resilience

In this workshop participants will be given a theoretical orientation to how to increase their resilience in the counselling context by applying reflective practice techniques; reducing compassion fatigue and burn out.

For further information: events@trainingskillscentre.com.au or phone us on 1800 44 99 87

11 August 2011

6pm—9pm

Brisbane

Cost: \$70[‡]

Using strengths based practice

This interactive workshop will employ a range of strengths based tools and resources in order for the counsellor to effectively engage the client ensuring an effective intervention.

For further information: events@trainingskillscentre.com.au or phone us on 1800 44 99 87

15 August 2011

6pm—9pm

Brisbane

Cost: \$70[‡]

Working with children

This interactive, hands on workshop will allow participants to learn skills and techniques in working with children from a play therapy perspective.

For further information: events@trainingskillscentre.com.au or phone us on 1800 44 99 87

22 August 2011

6pm—9pm

Brisbane

Cost: \$70[‡]

Motivational interviewing

In this workshop participants will have a basic introduction to Motivational Interviewing and its application in the counselling context.

For further information: events@trainingskillscentre.com.au or phone us on 1800 44 99 87

29 August 2011

6pm—9pm

Brisbane

Cost: \$70[‡]

Dealing with Challenging Behaviour

This workshop builds on the learning from the 'Clues to Managing Behaviour' workshop. A framework will be presented to support the participant to examine the underlying reasons for more challenging behaviour and identify effective strategies for managing that behaviour using a positive behaviour approach. Through positive programming and environmental adaptations, individuals will develop a better understanding of expectations, are less likely to engage in challenging behaviours and are more likely to engage in the social and learning environment.

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

30 August 2011

9:30am—3:30pm

Brisbane

Cost: \$155-\$170

[‡] 3 or more workshops in one registration you'll pay only \$65 per workshop per person

(cont. p. 10)

Polyvagal theory, oxytocin and the NEURO-biology of love and attachment:
Using the body's social engagement system to promote recovery from experiences of threat, stress and trauma.

A workshop with Dr Stephen Porges and Dr Sue Carter

21 October 2011

Brisbane

The workshop has three objectives: to provide a foundational understanding of Polyvagal Theory, to illustrate how a Polyvagal perspective provides insights into the assessment and treatment of post-traumatic stress and other related problems, and to explain the interdependence of autonomic regulation and oxytocin in establishing social bonds and regulating stress responses in social contexts.

For further information: training@childhood.org.au

asid QLD State
research to practice Conference

The 2011 conference will showcase how the disability sector in Queensland uses research and evidence when working with children and adults with intellectual disability.

6 August 2011

UQ Ipswich Campus

Cost: \$150-\$170

For further information: Hamish Millard on 0418752729 or hamish.millard@tpg.com.au



AMTA-QLD

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Malvern VIC 3144
AUSTRALIA

Ph: 3321 4366

amta.qld@gmail.com

www.austmta.org.au

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info@musicking.com.au

Please email
contributions to the
October newsletter
by:

20 September

to:
Christobel Clark
info@musicking.com.au

Upcoming Professional Development Events (cont.)

30 August 2011

Brisbane

Cost: \$160

Challenging Behaviour Consultations

Individual consultations will be offered to enable participants of the Dealing with Challenging Behaviour workshop to access a brief consultation with a professional. This is a short consultation (1.5 hours) that will focus on providing practical guidance on a challenging behaviour that is occurring for an individual with ASD. To gain the most from your consultation, it is recommended you bring as much information about the individual and the behaviour as possible. The Dealing with Challenging Behaviour workshop will guide you through the process of collecting this information.

For further information: http://www.autismqld.com.au/index.php?page_id=events&type=Workshop

8 September 2011

6pm—9pm

Brisbane

Cost: \$70⁺

Working with vicarious trauma

This workshop looks at ways in which counselling professionals can exercise self care by understanding what vicarious trauma is and how to identify and manage it when working in the client context.

For further information: events@trainingskillscentre.com.au or phone us on **1800 44 99 87**

12 September 2011

6pm—9pm

Brisbane

Cost: \$70⁺

Brain and Behaviour

This workshop will enable participants to gain a better understanding into the brain and the interaction and influence of it on behaviour.

For further information: events@trainingskillscentre.com.au or phone us on **1800 44 99 87**

22 September 2011

6pm—9pm

Brisbane

Cost: \$70⁺

Caring for the counselling professional

Who supports the counsellor? This workshop looks at burnout prevention plans, peer support and supervision model to reduce compassion fatigue and increase counsellor efficacy.

For further information: events@trainingskillscentre.com.au or phone us on **1800 44 99 87**

26 September 2011

6pm—9pm

Brisbane

Cost: \$70⁺

Introduction to Mindfulness

This workshop will enable participants to have an introductory understanding of mindfulness- ie Acceptance and Compassion Therapy (ACT).

For further information: events@trainingskillscentre.com.au or phone us on **1800 44 99 87**

6 October 2011

6pm—9pm

Brisbane

Cost: \$70⁺

Solution Focused Therapy in Practice

This practical and interactive workshop looks at the theoretical aspects of SFT and how to apply it to client scenarios.

For further information: events@trainingskillscentre.com.au or phone us on **1800 44 99 87**